



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Pascal MOUTAULT

3705CE COTS

Circuit : I1

Distance : 6560m (Dénivelé 110m)

Temps : 0:50:56 (7'46"/km)

5/41

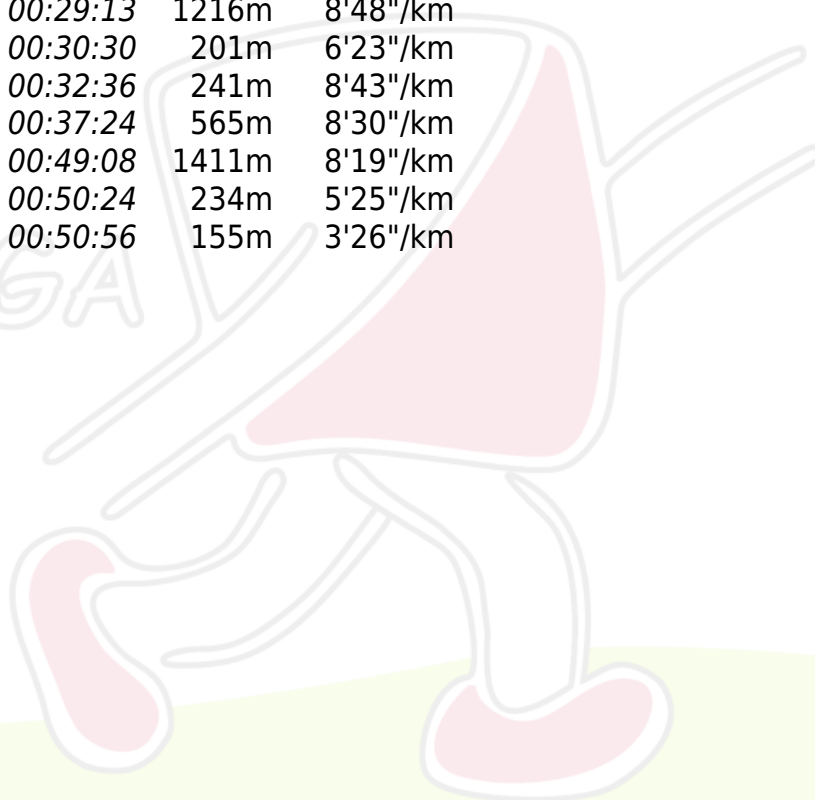
O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|---------|
| 1. Raphaël LE CAM | 0:46:40 |
| 2. Pierre ELIAS | 0:47:20 |
| 3. Jean-Christophe LEDUC | 0:48:58 |

1.	36	00:03:44		576m	6'29"/km
2.	45	00:00:41	00:04:25	107m	6'23"/km
3.	41	00:06:40	00:11:05	835m	7'59"/km
4.	58	00:01:38	00:12:43	280m	5'50"/km
5.	49	00:00:33	00:13:16	77m	7'09"/km
6.	43	00:00:42	00:13:58	63m	11'07"/km
7.	98	00:04:33	00:18:31	538m	8'27"/km
8.	115	00:10:42	00:29:13	1216m	8'48"/km
9.	60	00:01:17	00:30:30	201m	6'23"/km
10.	53	00:02:06	00:32:36	241m	8'43"/km
11.	39	00:04:48	00:37:24	565m	8'30"/km
12.	104	00:11:44	00:49:08	1411m	8'19"/km
13.	255	00:01:16	00:50:24	234m	5'25"/km
14.	999	00:00:32	00:50:56	155m	3'26"/km

HELGA



Orienteering Software