



**Nationale Sud-Ouest 2023 - Longue distance**  
**Lit-et-Mixe 18.6.2023**  
**4012NA B.R.O.S**

**Isabelle BAURY**

1601NA COF

Circuit : H

Distance : 6320m (Dénivelé 100m)

Temps : 1:54:58 (18'11"/km)

**39/48**

O.K.

[Résultats complets sur Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Marianne PAULY   | 0:55:04 |
| 2. Nancy WENDERICKX | 1:00:02 |
| 3. Sophie DUVERNAY  | 1:06:00 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 44  | 00:04:34 |          | 242m  | 18'52"/km |
| 2.  | 41  | 00:19:04 | 00:23:38 | 1076m | 17'43"/km |
| 3.  | 42  | 00:06:04 | 00:29:42 | 232m  | 26'09"/km |
| 4.  | 43  | 00:01:43 | 00:31:25 | 155m  | 11'05"/km |
| 5.  | 98  | 00:13:21 | 00:44:46 | 538m  | 24'49"/km |
| 6.  | 95  | 00:23:56 | 01:08:42 | 1218m | 19'39"/km |
| 7.  | 116 | 00:02:24 | 01:11:06 | 198m  | 12'07"/km |
| 8.  | 53  | 00:02:19 | 01:13:25 | 173m  | 13'23"/km |
| 9.  | 117 | 00:05:47 | 01:19:12 | 192m  | 30'07"/km |
| 10. | 39  | 00:05:53 | 01:25:05 | 387m  | 15'12"/km |
| 11. | 101 | 00:26:01 | 01:51:06 | 1440m | 18'04"/km |
| 12. | 255 | 00:03:01 | 01:54:07 | 253m  | 11'55"/km |
| 13. | 999 | 00:00:51 | 01:54:58 | 155m  | 5'29"/km  |

HELGA

Orienteering Software