



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Marie-Laure DELAHAYE

4705NA N.O.R.D.

Circuit : F

Distance : 7300m (Dénivelé 85m)

Temps : 1:23:05 (11'23"/km)

6/23

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Marie COMPAGNON | 1:00:19 |
| 2. Sandra LEFUMAT | 1:03:25 |
| 3. Aitana LERTXUNDI | 1:05:30 |

1.	100	00:05:15		583m	9'00"/km
2.	131	00:08:04	00:13:19	592m	13'38"/km
3.	130	00:09:15	00:22:34	920m	10'03"/km
4.	120	00:06:03	00:28:37	397m	15'14"/km
5.	102	00:01:28	00:30:05	106m	13'50"/km
6.	133	00:34:40	01:04:45	2672m	12'58"/km
7.	48	00:04:13	01:08:58	299m	14'06"/km
8.	110	00:02:19	01:11:17	202m	11'28"/km
9.	54	00:02:22	01:13:39	259m	9'08"/km
10.	107	00:07:56	01:21:35	890m	8'55"/km
11.	78	00:00:22	01:21:57		
12.	255	00:00:41	01:22:38	248m	2'45"/km
13.	999	00:00:27	01:23:05	155m	2'54"/km

HELGA

Orienteering Software