



Nationale Sud-Ouest 2023 - Longue distance

Lit-et-Mixe 18.6.2023

4012NA B.R.O.S

Michael DESQUEYROUX

3318NA ASM CO

Circuit : E

Distance : 11120m (Dénivelé 190m)

Temps : 1:17:53 (7'00"/km)

5/34

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Jean-Michel PARZYCH | 1:08:18 |
| 2. Matthieu BARRIERE | 1:12:23 |
| 3. Martin MOTTET | 1:13:47 |

1.	90	00:11:54		1567m	7'36"/km
2.	103	00:02:50	00:14:44	264m	10'44"/km
3.	97	00:04:56	00:19:40	769m	6'25"/km
4.	92	00:01:38	00:21:18	212m	7'42"/km
5.	93	00:01:34	00:22:52	203m	7'43"/km
6.	94	00:01:42	00:24:34	191m	8'54"/km
7.	88	00:01:19	00:25:53	154m	8'33"/km
8.	89	00:11:15	00:37:08	1682m	6'41"/km
9.	41	00:00:26	00:37:34	58m	7'28"/km
10.	42	00:01:15	00:38:49	232m	5'23"/km
11.	49	00:00:46	00:39:35	132m	5'48"/km
12.	38	00:02:58	00:42:33	467m	6'21"/km
13.	115	00:11:13	00:53:46	1549m	7'14"/km
14.	79	00:03:17	00:57:03	516m	6'22"/km
15.	72	00:01:26	00:58:29	184m	7'47"/km
16.	53	00:01:13	00:59:42	199m	6'07"/km
17.	57	00:02:59	01:02:41	466m	6'24"/km
18.	105	00:02:52	01:05:33	329m	8'43"/km
19.	104	00:10:48	01:16:21	1497m	7'13"/km
20.	255	00:01:08	01:17:29	234m	4'51"/km
21.	999	00:00:24	01:17:53	155m	2'35"/km

Orienteering Software