



Lenteloop Westerwijk

Son 21.6.2023

KOVZ

Jochen CLAES

Free runners

Omloop : H:02

Afstand : 4850m

Tijd : 1:18:57 (16'17"/km)

9/14

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------------|---------|
| 1. Roland VAN LOON | 0:45:53 |
| 2. Jorran VAN DER HEIJDEN | 0:48:53 |
| 3. Steven JOCHEMS | 0:57:39 |

1.	125	00:02:09		227m	9'28"/km
2.	102	00:01:49	00:03:58	138m	13'10"/km
3.	103	00:03:07	00:07:05	321m	9'43"/km
4.	104	00:02:08	00:09:13	145m	14'43"/km
5.	109	00:07:53	00:17:06	309m	25'31"/km
6.	108	00:04:48	00:21:54	235m	20'26"/km
7.	107	00:02:54	00:24:48	186m	15'35"/km
8.	110	00:04:46	00:29:34	287m	16'37"/km
9.	120	00:06:14	00:35:48	441m	14'08"/km
10.	113	00:06:23	00:42:11	278m	22'58"/km
11.	114	00:04:24	00:46:35	218m	20'11"/km
12.	115	00:03:27	00:50:02	176m	19'36"/km
13.	117	00:06:18	00:56:20	348m	18'06"/km
14.	121	00:03:23	00:59:43	145m	23'20"/km
15.	118	00:03:05	01:02:48	249m	12'23"/km
16.	119	00:02:13	01:05:01	164m	13'31"/km
17.	117	00:03:58	01:08:59	302m	13'08"/km
18.	116	00:04:14	01:13:13	210m	20'10"/km
19.	122	00:03:14	01:16:27	141m	22'56"/km
20.	124	00:01:48	01:18:15	226m	7'58"/km
21.	999	00:00:42	01:18:57	104m	6'44"/km

Orienteering Software