

II ETAPA X1 CiPOR 2023
EAJ - MACAÍBA 11.6.2023
COP DE ORIENTAÇÃO POTIUAR

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LIMITE EXTREMO

Percurso : D MASTER A

Distancia : 5200m (Desnivel 100m)

Tempo : 1:42:23 (19'41"/km)

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O.K.

[Resultados completos em Webres](#)

1.	85	00:04:59		315m	15'49"/km
2.	88	00:06:10	00:11:09	365m	16'54"/km
3.	120	00:07:52	00:19:01	292m	26'56"/km
4.	97	00:16:59	00:36:00	182m	93'19"/km
5.	131	00:07:33	00:43:33	178m	42'25"/km
6.	100	00:07:43	00:51:16	237m	32'34"/km
7.	112	00:05:09	00:56:25	149m	34'34"/km
8.	113	00:02:12	00:58:37	145m	15'10"/km
9.	111	00:08:45	01:07:22	653m	13'24"/km
10.	124	00:05:21	01:12:43	316m	16'56"/km
11.	118	00:08:46	01:21:29	463m	18'56"/km
12.	95	00:04:21	01:25:50	304m	14'19"/km
13.	110	00:08:35	01:34:25	657m	13'04"/km
14.	82	00:05:00	01:39:25	327m	15'17"/km
15.	84	00:02:41	01:42:06	344m	7'48"/km
16.	999	00:00:17	01:42:23	95m	2'59"/km