



LOS 2023-05 Toverberg - LOS 2023-05

Egenhoven 3.6.2023

Omega

Roel VAN DE MOORTE

Omega

Course : H:01

Distance : 5210m

Time : 0:46:26 (8'55"/km)

11/44

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:34:47
2. Willem BAKELANTS	0:36:30
3. Yannick MICHIELS	0:37:20

1.	39	00:03:21		335m	10'00"/km
2.	44	00:01:03	00:04:24	136m	7'43"/km
3.	49	00:01:22	00:05:46	102m	13'24"/km
4.	53	00:01:16	00:07:02	159m	7'58"/km
5.	57	00:01:29	00:08:31	105m	14'08"/km
6.	59	00:01:36	00:10:07	202m	7'55"/km
7.	61	00:01:19	00:11:26	189m	6'58"/km
8.	65	00:01:31	00:12:57	184m	8'15"/km
9.	63	00:00:40	00:13:37	77m	8'39"/km
10.	54	00:01:25	00:15:02	184m	7'42"/km
11.	50	00:00:57	00:15:59	104m	9'08"/km
12.	51	00:00:25	00:16:24	50m	8'20"/km
13.	45	00:00:44	00:17:08	64m	11'27"/km
14.	47	00:01:17	00:18:25	100m	12'50"/km
15.	41	00:01:35	00:20:00	248m	6'23"/km
16.	36	00:01:33	00:21:33	135m	11'29"/km
17.	31	00:00:45	00:22:18	120m	6'15"/km
18.	32	00:01:09	00:23:27	144m	7'59"/km
19.	49	00:00:56	00:24:23	84m	11'07"/km
20.	43	00:01:36	00:25:59	127m	12'36"/km
21.	42	00:00:19	00:26:18	38m	8'20"/km
22.	38	00:00:16	00:26:34	33m	8'05"/km
23.	36	00:00:29	00:27:03	53m	9'07"/km
24.	40	00:01:33	00:28:36	92m	16'51"/km
25.	46	00:01:58	00:30:34	256m	7'41"/km
26.	56	00:02:15	00:32:49	340m	6'37"/km
27.	52	00:00:51	00:33:40	91m	9'20"/km
28.	55	00:00:45	00:34:25	78m	9'37"/km
29.	58	00:01:50	00:36:15	238m	7'42"/km
30.	64	00:00:44	00:36:59	84m	8'44"/km
31.	62	00:01:19	00:38:18	132m	9'58"/km
32.	60	00:00:25	00:38:43	56m	7'26"/km
33.	45	00:04:40	00:43:23	382m	12'13"/km
34.	44	00:00:40	00:44:03	100m	6'40"/km
35.	33	00:00:59	00:45:02	146m	6'44"/km
36.	999	00:01:24	00:46:26	243m	5'46"/km