



# LOS 2023-05 Toverberg - LOS 2023-05

Egenhoven 3.6.2023

Omega

**Frederik LOECKX**

Omega

Course : H:01

Distance : 5210m

Time : 0:39:25 (7'34"/km)

**4/44**

O.K.

[Full result on Webres](#)

|                     |         |
|---------------------|---------|
| 1. Mats DE SMUL     | 0:34:47 |
| 2. Willem BAKELANTS | 0:36:30 |
| 3. Yannick MICHIELS | 0:37:20 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 39  | 00:02:06 |          | 335m | 6'16"/km  |
| 2.  | 44  | 00:00:58 | 00:03:04 | 136m | 7'06"/km  |
| 3.  | 49  | 00:01:13 | 00:04:17 | 102m | 11'56"/km |
| 4.  | 53  | 00:00:57 | 00:05:14 | 159m | 5'58"/km  |
| 5.  | 57  | 00:01:13 | 00:06:27 | 105m | 11'35"/km |
| 6.  | 59  | 00:01:19 | 00:07:46 | 202m | 6'31"/km  |
| 7.  | 61  | 00:03:25 | 00:11:11 | 189m | 18'05"/km |
| 8.  | 65  | 00:01:03 | 00:12:14 | 184m | 5'42"/km  |
| 9.  | 63  | 00:00:51 | 00:13:05 | 77m  | 11'02"/km |
| 10. | 54  | 00:01:03 | 00:14:08 | 184m | 5'42"/km  |
| 11. | 50  | 00:00:43 | 00:14:51 | 104m | 6'53"/km  |
| 12. | 51  | 00:00:21 | 00:15:12 | 50m  | 7'00"/km  |
| 13. | 45  | 00:00:37 | 00:15:49 | 64m  | 9'38"/km  |
| 14. | 47  | 00:00:59 | 00:16:48 | 100m | 9'50"/km  |
| 15. | 41  | 00:01:17 | 00:18:05 | 248m | 5'10"/km  |
| 16. | 36  | 00:01:19 | 00:19:24 | 135m | 9'45"/km  |
| 17. | 31  | 00:00:35 | 00:19:59 | 120m | 4'52"/km  |
| 18. | 32  | 00:01:02 | 00:21:01 | 144m | 7'11"/km  |
| 19. | 49  | 00:00:45 | 00:21:46 | 84m  | 8'56"/km  |
| 20. | 43  | 00:01:22 | 00:23:08 | 127m | 10'46"/km |
| 21. | 42  | 00:00:15 | 00:23:23 | 38m  | 6'35"/km  |
| 22. | 38  | 00:00:17 | 00:23:40 | 33m  | 8'35"/km  |
| 23. | 36  | 00:00:17 | 00:23:57 | 53m  | 5'21"/km  |
| 24. | 40  | 00:01:13 | 00:25:10 | 92m  | 13'13"/km |
| 25. | 46  | 00:01:34 | 00:26:44 | 256m | 6'07"/km  |
| 26. | 56  | 00:01:57 | 00:28:41 | 340m | 5'44"/km  |
| 27. | 52  | 00:00:36 | 00:29:17 | 91m  | 6'36"/km  |
| 28. | 55  | 00:00:36 | 00:29:53 | 78m  | 7'42"/km  |
| 29. | 58  | 00:01:32 | 00:31:25 | 238m | 6'27"/km  |
| 30. | 64  | 00:00:54 | 00:32:19 | 84m  | 10'43"/km |
| 31. | 62  | 00:01:07 | 00:33:26 | 132m | 8'28"/km  |
| 32. | 60  | 00:00:31 | 00:33:57 | 56m  | 9'14"/km  |
| 33. | 45  | 00:02:58 | 00:36:55 | 382m | 7'46"/km  |
| 34. | 44  | 00:00:31 | 00:37:26 | 100m | 5'10"/km  |
| 35. | 33  | 00:00:57 | 00:38:23 | 146m | 6'30"/km  |
| 36. | 999 | 00:01:02 | 00:39:25 | 243m | 4'15"/km  |