

AOS #6 Groenenborger

Antwerpen 1.6.2023

Antwerp Orienteers

Eliene WILS

Antwerp Orienteers

Omloop : D:Lang

Afstand : 5000m

Tijd : 0:47:04 (9'25"/km)

6/9

O.K.

[Volledige uitslagen op Webres](#)

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|-------------------|---------|
| 1. Claudia ROOMAN | 0:29:47 |
| 2. Sam PORTEMAN | 0:39:45 |
| 3. Carolien PUNIE | 0:41:49 |

1.	31	00:02:33	312m	8'10"/km
2.	32	00:01:26 00:03:59	118m	12'09"/km
3.	48	00:01:40 00:05:39	190m	8'46"/km
4.	49	00:00:49 00:06:28	98m	8'20"/km
5.	57	00:00:44 00:07:12	73m	10'03"/km
6.	34	00:01:30 00:08:42	102m	14'42"/km
7.	33	00:02:09 00:10:51	144m	14'56"/km
8.	53	00:00:23 00:11:14	47m	8'09"/km
9.	35	00:03:01 00:14:15	168m	17'57"/km
10.	36	00:00:50 00:15:05	37m	22'31"/km
11.	37	00:00:47 00:15:52	94m	8'20"/km
12.	40	00:05:02 00:20:54	442m	11'23"/km
13.	41	00:00:40 00:21:34	85m	7'51"/km
14.	38	00:00:50 00:22:24	84m	9'55"/km
15.	39	00:01:15 00:23:39	79m	15'49"/km
16.	42	00:00:44 00:24:23	67m	10'57"/km
17.	43	00:02:54 00:27:17	251m	11'33"/km
18.	44	00:01:11 00:28:28	135m	8'46"/km
19.	45	00:00:48 00:29:16	78m	10'15"/km
20.	46	00:02:24 00:31:40	104m	23'05"/km
21.	47	00:01:17 00:32:57	157m	8'10"/km
22.	50	00:01:55 00:34:52	96m	19'58"/km
23.	51	00:01:22 00:36:14	44m	31'04"/km
24.	52	00:04:19 00:40:33	507m	8'31"/km
25.	54	00:02:29 00:43:02	182m	13'39"/km
26.	55	00:02:11 00:45:13	124m	17'36"/km
27.	56	00:01:26 00:46:39	169m	8'29"/km
28.	999	00:00:25 00:47:04	54m	7'43"/km

Orienteering Software