



**Corda Banneux**  
**Hasselt 29.5.2023**  
**Omega**

**Adrie VAN OPSTAL**

K.O.L.

Omloop : H:03

Afstand : 4220m

Tijd : 0:33:39 (7'58"/km)

**8/31**

O.K.

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|                  |         |
|------------------|---------|
| 1. Bob DE CLEENE | 0:27:19 |
| 2. Luc MELIS     | 0:28:38 |
| 3. Thomas JANSEN | 0:28:42 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 138 | 00:02:41 |          | 396m | 6'47"/km  |
| 2.  | 114 | 00:01:02 | 00:03:43 | 163m | 6'20"/km  |
| 3.  | 122 | 00:00:46 | 00:04:29 | 95m  | 8'04"/km  |
| 4.  | 112 | 00:01:08 | 00:05:37 | 131m | 8'39"/km  |
| 5.  | 113 | 00:01:16 | 00:06:53 | 132m | 9'36"/km  |
| 6.  | 121 | 00:01:08 | 00:08:01 | 194m | 5'51"/km  |
| 7.  | 141 | 00:01:05 | 00:09:06 | 206m | 5'16"/km  |
| 8.  | 140 | 00:01:07 | 00:10:13 | 116m | 9'38"/km  |
| 9.  | 130 | 00:00:31 | 00:10:44 | 64m  | 8'04"/km  |
| 10. | 136 | 00:00:42 | 00:11:26 | 50m  | 14'00"/km |
| 11. | 128 | 00:01:13 | 00:12:39 | 130m | 9'22"/km  |
| 12. | 129 | 00:01:25 | 00:14:04 | 132m | 10'44"/km |
| 13. | 124 | 00:01:50 | 00:15:54 | 206m | 8'54"/km  |
| 14. | 117 | 00:00:54 | 00:16:48 | 119m | 7'34"/km  |
| 15. | 116 | 00:02:21 | 00:19:09 | 113m | 20'48"/km |
| 16. | 139 | 00:01:35 | 00:20:44 | 255m | 6'13"/km  |
| 17. | 118 | 00:01:02 | 00:21:46 | 111m | 9'19"/km  |
| 18. | 123 | 00:01:00 | 00:22:46 | 135m | 7'24"/km  |
| 19. | 115 | 00:00:32 | 00:23:18 | 88m  | 6'04"/km  |
| 20. | 147 | 00:02:35 | 00:25:53 | 420m | 6'09"/km  |
| 21. | 148 | 00:01:08 | 00:27:01 | 109m | 10'24"/km |
| 22. | 133 | 00:01:06 | 00:28:07 | 157m | 7'00"/km  |
| 23. | 149 | 00:02:39 | 00:30:46 | 332m | 7'59"/km  |
| 24. | 142 | 00:01:28 | 00:32:14 | 134m | 10'57"/km |
| 25. | 120 | 00:01:11 | 00:33:25 | 176m | 6'43"/km  |
| 26. | 999 | 00:00:14 | 00:33:39 | 52m  | 4'29"/km  |

Orienteering Software