



Corda Banneux

Hasselt 29.5.2023

Omega

Sandro GRASSO

K.O.L.

Omloop : H:02

Afstand : 5440m

Tijd : 0:34:01 (6'15"/km)

2/29

O.K.

[Volledige uitslagen op Webres](#)

1. Kim JANSEN	0:33:29
3. Guido LENGES	0:35:19

1.	131	00:01:27	183m	7'55"/km
2.	113	00:00:20 00:01:47	56m	5'57"/km
3.	112	00:01:14 00:03:01	132m	9'21"/km
4.	122	00:00:56 00:03:57	131m	7'07"/km
5.	114	00:01:17 00:05:14	95m	13'31"/km
6.	111	00:01:25 00:06:39	283m	5'00"/km
7.	123	00:02:20 00:08:59	427m	5'28"/km
8.	118	00:00:36 00:09:35	135m	4'27"/km
9.	139	00:00:57 00:10:32	111m	8'34"/km
10.	116	00:01:21 00:11:53	255m	5'18"/km
11.	117	00:01:12 00:13:05	113m	10'37"/km
12.	124	00:00:39 00:13:44	119m	5'28"/km
13.	129	00:01:27 00:15:11	206m	7'02"/km
14.	128	00:00:59 00:16:10	132m	7'27"/km
15.	136	00:00:58 00:17:08	130m	7'26"/km
16.	130	00:00:33 00:17:41	50m	11'00"/km
17.	140	00:00:19 00:18:00	64m	4'57"/km
18.	147	00:01:38 00:19:38	285m	5'44"/km
19.	148	00:00:40 00:20:18	109m	6'07"/km
20.	134	00:00:30 00:20:48	90m	5'33"/km
21.	132	00:00:32 00:21:20	126m	4'14"/km
22.	133	00:00:29 00:21:49	56m	8'38"/km
23.	135	00:01:44 00:23:33	282m	6'09"/km
24.	146	00:00:41 00:24:14	131m	5'13"/km
25.	126	00:00:37 00:24:51	131m	4'42"/km
26.	145	00:01:15 00:26:06	231m	5'25"/km
27.	149	00:02:41 00:28:47	478m	5'37"/km
28.	127	00:00:59 00:29:46	132m	7'27"/km
29.	121	00:01:28 00:31:14	240m	6'07"/km
30.	142	00:01:50 00:33:04	298m	6'09"/km
31.	120	00:00:49 00:33:53	176m	4'38"/km
32.	999	00:00:08 00:34:01	52m	2'34"/km