



Lenteloop Vossemeren

Lommel 24.5.2023

K.O.L.

Filip KENNIS

hamok

Omloop : H:01

Afstand : 5500m

Tijd : 0:56:44 (10'19"/km)

12/21

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------------|---------|
| 1. Lennert LENS | 0:40:54 |
| 2. Jan-Gerard VAN DER TOORN | 0:45:26 |
| 3. Benjamin ANCIAUX | 0:46:07 |

1.	146	00:01:58		154m	12'46"/km
2.	144	00:01:54	00:03:52	95m	20'00"/km
3.	104	00:03:00	00:06:52	215m	13'57"/km
4.	106	00:00:58	00:07:50	119m	8'07"/km
5.	109	00:01:41	00:09:31	242m	6'57"/km
6.	108	00:01:03	00:10:34	59m	17'48"/km
7.	107	00:03:39	00:14:13	152m	24'01"/km
8.	105	00:02:28	00:16:41	183m	13'29"/km
9.	112	00:01:01	00:17:42	155m	6'34"/km
10.	114	00:02:01	00:19:43	189m	10'40"/km
11.	118	00:02:21	00:22:04	225m	10'27"/km
12.	117	00:01:10	00:23:14	141m	8'16"/km
13.	125	00:05:35	00:28:49	739m	7'33"/km
14.	128	00:01:08	00:29:57	107m	10'36"/km
15.	129	00:01:17	00:31:14	172m	7'28"/km
16.	124	00:01:23	00:32:37	133m	10'24"/km
17.	123	00:01:09	00:33:46	165m	6'58"/km
18.	131	00:02:47	00:36:33	365m	7'38"/km
19.	132	00:00:49	00:37:22	99m	8'15"/km
20.	130	00:01:03	00:38:25	121m	8'41"/km
21.	122	00:01:50	00:40:15	69m	26'34"/km
22.	120	00:01:51	00:42:06	257m	7'12"/km
23.	135	00:01:11	00:43:17	34m	34'48"/km
24.	133	00:03:34	00:46:51	354m	10'05"/km
25.	137	00:02:28	00:49:19	224m	11'01"/km
26.	141	00:03:18	00:52:37	222m	14'52"/km
27.	142	00:01:13	00:53:50	98m	12'25"/km
28.	143	00:01:10	00:55:00	132m	8'50"/km
29.	148	00:01:14	00:56:14	172m	7'10"/km
30.	999	00:00:30	00:56:44	76m	6'35"/km