



2ª Etapa do CORDF 2023
Chácara Hélio - DF 21.5.2023
CORDF

Luiz Sérgio Mendes

Clube de Orientação Tiradentes

Percurso : H55A

Distancia : 5000m (Desnivel 45m)

Tempo : 0:44:43 (8'57"/km)

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O.K.

[Resultados completos em Webres](#)

2. Marcos Reinoldo Hess 1:02:24
3. Alexandre Paulo Auler Waack 1:02:48

1.	38	00:05:19		663m	8'01"/km
2.	79	00:06:14	00:11:33	213m	29'16"/km
3.	35	00:01:57	00:13:30	276m	7'04"/km
4.	48	00:01:10	00:14:40	199m	5'52"/km
5.	38	00:02:37	00:17:17	350m	7'29"/km
6.	69	00:01:40	00:18:57	283m	5'53"/km
7.	33	00:01:59	00:20:56	144m	13'46"/km
8.	41	00:01:50	00:22:46	206m	8'54"/km
9.	42	00:02:53	00:25:39	215m	13'25"/km
10.	50	00:03:18	00:28:57	339m	9'44"/km
11.	57	00:01:42	00:30:39	173m	9'50"/km
12.	37	00:05:05	00:35:44	507m	10'02"/km
13.	54	00:01:58	00:37:42	269m	7'19"/km
14.	39	00:02:17	00:39:59	275m	8'18"/km
15.	61	00:01:55	00:41:54	278m	6'54"/km
16.	67	00:02:18	00:44:12	308m	7'28"/km
17.	999	00:00:31	00:44:43	122m	4'14"/km

Orienteering Software