



City - O cup 2 - 2023
Bree - Beek 21.5.2023
K.O.L.

Ronald SOMERS

K.O.L.

Omloop : H:02

Afstand : 4870m

Tijd : 0:38:59 (8'00"/km)

7/21

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Kim JANSEN | 0:34:13 |
| 2. Roel SMOLDERS | 0:35:36 |
| 3. Dirk GOOSSENS | 0:35:55 |

1.	158	00:02:19		444m	5'13"/km
2.	174	00:03:02	00:05:21	489m	6'12"/km
3.	171	00:01:07	00:06:28	128m	8'43"/km
4.	229	00:00:16	00:06:44	32m	8'20"/km
5.	231	00:01:04	00:07:48	43m	24'48"/km
6.	201	00:00:58	00:08:46	108m	8'57"/km
7.	166	00:01:22	00:10:08	207m	6'36"/km
8.	227	00:00:14	00:10:22	62m	3'46"/km
9.	225	00:00:47	00:11:09	103m	7'36"/km
10.	194	00:04:33	00:15:42	535m	8'30"/km
11.	184	00:04:26	00:20:08	263m	16'51"/km
12.	206	00:01:05	00:21:13	161m	6'44"/km
13.	200	00:01:17	00:22:30	176m	7'18"/km
14.	214	00:00:40	00:23:10	87m	7'40"/km
15.	216	00:01:54	00:25:04	275m	6'55"/km
16.	178	00:00:49	00:25:53	97m	8'25"/km
17.	179	00:00:46	00:26:39	82m	9'21"/km
18.	189	00:01:16	00:27:55	119m	10'39"/km
19.	176	00:01:01	00:28:56	153m	6'39"/km
20.	181	00:01:03	00:29:59	159m	6'36"/km
21.	183	00:01:35	00:31:34	144m	11'00"/km
22.	211	00:01:39	00:33:13	261m	6'19"/km
23.	220	00:00:55	00:34:08	82m	11'11"/km
24.	185	00:00:33	00:34:41	74m	7'26"/km
25.	222	00:00:44	00:35:25	150m	4'53"/km
26.	221	00:00:37	00:36:02		
27.	213	00:00:28	00:36:30	95m	4'55"/km
28.	224	00:00:54	00:37:24	77m	11'41"/km
29.	191	00:00:46	00:38:10	83m	9'14"/km
30.	999	00:00:49	00:38:59	104m	7'51"/km