



LOS 2023-04

provinciaal domein 20.5.2023

Omega

Vincent VERSTREPEN

Omega

Course : H:01

Distance : 4660m

Time : 0:42:25 (9'06"/km)

21/53

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Mats DE SMUL | 0:30:40 |
| 2. Frederik LOECKX | 0:30:46 |
| 3. Marcin GACZYNSKI | 0:32:23 |

1.	53	00:00:34		83m	6'50"/km
2.	60	00:00:37	00:01:11	101m	6'06"/km
3.	54	00:01:13	00:02:24	82m	14'50"/km
4.	32	00:00:23	00:02:47	44m	8'43"/km
5.	33	00:01:03	00:03:50	109m	9'38"/km
6.	35	00:01:25	00:05:15	188m	7'32"/km
7.	36	00:00:35	00:05:50	75m	7'47"/km
8.	40	00:01:15	00:07:05	180m	6'57"/km
9.	37	00:00:50	00:07:55	108m	7'43"/km
10.	38	00:00:38	00:08:33	73m	8'41"/km
11.	55	00:01:28	00:10:01	263m	5'35"/km
12.	41	00:01:14	00:11:15	146m	8'27"/km
13.	42	00:01:25	00:12:40	210m	6'45"/km
14.	52	00:01:49	00:14:29	220m	8'15"/km
15.	45	00:03:31	00:18:00	297m	11'50"/km
16.	50	00:01:59	00:19:59	107m	18'32"/km
17.	47	00:01:06	00:21:05	100m	11'00"/km
18.	46	00:00:52	00:21:57	101m	8'35"/km
19.	58	00:00:37	00:22:34	83m	7'26"/km
20.	59	00:01:20	00:23:54	195m	6'50"/km
21.	43	00:03:26	00:27:20	99m	34'41"/km
22.	48	00:01:40	00:29:00	236m	7'04"/km
23.	49	00:00:30	00:29:30	47m	10'38"/km
24.	56	00:01:45	00:31:15	192m	9'07"/km
25.	57	00:00:43	00:31:58	61m	11'45"/km
26.	31	00:02:31	00:34:29	413m	6'06"/km
27.	44	00:03:28	00:37:57	208m	16'40"/km
28.	39	00:01:20	00:39:17	199m	6'42"/km
29.	34	00:02:01	00:41:18	274m	7'22"/km
30.	51	00:00:45	00:42:03	127m	5'54"/km
31.	999	00:00:22	00:42:25	34m	10'47"/km