



1ª Etapa CMOC

CTG São Luiz do Purunã 7.5.2023

Clube de Orientação de Curitiba

Cristiano Veiga Sokolowski

Clube de Orientação Princesa dos Campos

Percurso : H Master B

Distancia : 5000m (Desnivel 100m)

Tempo : 1:46:12 (21'14"/km)

8/10

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------------------|---------|
| 1. Antonio Martins De Melo Junior | 0:56:23 |
| 2. Alexandre Cesar Nass | 0:59:52 |
| 3. Franklin Hiroshi Shimizu | 1:18:49 |

1.	71	00:01:46		215m	8'13"/km
2.	140	00:01:23	00:03:09	200m	6'55"/km
3.	70	00:02:26	00:05:35	248m	9'49"/km
4.	100	00:06:21	00:11:56	524m	12'07"/km
5.	108	00:04:29	00:16:25	255m	17'35"/km
6.	137	00:08:14	00:24:39	418m	19'42"/km
7.	131	00:03:47	00:28:26	238m	15'54"/km
8.	126	00:01:28	00:29:54	134m	10'57"/km
9.	120	00:23:20	00:53:14	357m	65'22"/km
10.	116	00:02:49	00:56:03	142m	19'50"/km
11.	124	00:02:41	00:58:44	143m	18'46"/km
12.	114	00:02:46	01:01:30	160m	17'17"/km
13.	136	00:16:10	01:17:40	309m	52'19"/km
14.	72	00:11:04	01:28:44	190m	58'15"/km
15.	74	00:00:56	01:29:40	64m	14'35"/km
16.	110	00:03:48	01:33:28	226m	16'49"/km
17.	109	00:02:54	01:36:22	153m	18'57"/km
18.	105	00:05:47	01:42:09	414m	13'58"/km
19.	91	00:01:40	01:43:49	96m	17'22"/km
20.	90	00:02:05	01:45:54	356m	5'51"/km
21.	999	00:00:18	01:46:12	70m	4'17"/km

Orienteering Software