



Militaire Stadsloop Hasselt

Hasselt 10.5.2023

Mil Prov Comdo Limburg

Sven HERMANS

Kamp BEVERLO

Omloop : H:02

Afstand : 7200m

Tijd : 0:38:28 (5'21"/km)

2/12

O.K.

[Volledige uitslagen op Webres](#)

1. Sandro GRASSO 0:35:03
3. Guy TIREZ 0:39:01

1.	101	00:01:26		135m	10'37"/km
2.	103	00:00:59	00:02:25	124m	7'56"/km
3.	106	00:01:12	00:03:37	261m	4'36"/km
4.	118	00:01:45	00:05:22	254m	6'53"/km
5.	113	00:01:14	00:06:36	239m	5'10"/km
6.	111	00:01:16	00:07:52	196m	6'28"/km
7.	107	00:01:07	00:08:59	203m	5'30"/km
8.	120	00:02:04	00:11:03	249m	8'18"/km
9.	117	00:01:43	00:12:46	293m	5'52"/km
10.	132	00:01:18	00:14:04	247m	5'16"/km
11.	124	00:01:52	00:15:56	299m	6'15"/km
12.	129	00:01:06	00:17:02	150m	7'20"/km
13.	114	00:01:08	00:18:10	178m	6'22"/km
14.	116	00:00:37	00:18:47	69m	8'56"/km
15.	131	00:01:29	00:20:16	224m	6'37"/km
16.	128	00:01:23	00:21:39	93m	14'52"/km
17.	141	00:00:46	00:22:25	146m	5'15"/km
18.	139	00:00:56	00:23:21	131m	7'07"/km
19.	160	00:02:12	00:25:33	306m	7'11"/km
20.	151	00:02:20	00:27:53	313m	7'27"/km
21.	149	00:00:50	00:28:43	133m	6'16"/km
22.	134	00:01:00	00:29:43	151m	6'37"/km
23.	163	00:01:26	00:31:09	227m	6'19"/km
24.	153	00:00:35	00:31:44	89m	6'33"/km
25.	144	00:02:45	00:34:29	384m	7'10"/km
26.	145	00:00:48	00:35:17	120m	6'40"/km
27.	146	00:00:28	00:35:45	71m	6'34"/km
28.	143	00:01:39	00:37:24	200m	8'15"/km
29.	110	00:00:48	00:38:12	94m	8'31"/km
30.	180	00:00:16	00:38:28	44m	6'04"/km