



LOS 2023-03

Park Belle-Vue 6.5.2023

Omega

Roman ELSSEN

Omega

Course : H:01

Distance : 5090m

Time : 0:37:01 (7'16"/km)

6/43

O.K.

[Full result on Webres](#)

1. Frederik LOECKX	0:31:43
2. Joost TALLOEN	0:32:46
3. Peter COKELAERE	0:33:44

1.	32	00:00:51		141m	6'02"/km
2.	63	00:01:50	00:02:41	252m	7'17"/km
3.	62	00:02:09	00:04:50	295m	7'17"/km
4.	34	00:03:43	00:08:33	540m	6'53"/km
5.	35	00:00:27	00:09:00	46m	9'47"/km
6.	36	00:00:22	00:09:22	55m	6'40"/km
7.	38	00:01:13	00:10:35	232m	5'15"/km
8.	39	00:01:01	00:11:36	191m	5'19"/km
9.	43	00:01:54	00:13:30	114m	16'40"/km
10.	41	00:01:01	00:14:31	117m	8'41"/km
11.	42	00:00:48	00:15:19	77m	10'23"/km
12.	44	00:01:23	00:16:42	194m	7'08"/km
13.	45	00:00:00	00:16:42	32m	0'00"/km
14.	52	00:02:01	00:18:43	348m	5'48"/km
15.	53	00:00:57	00:19:40	72m	13'12"/km
16.	54	00:01:11	00:20:51	114m	10'23"/km
17.	55	00:00:40	00:21:31	75m	8'53"/km
18.	58	00:01:54	00:23:25	184m	10'20"/km
19.	59	00:01:58	00:25:23	261m	7'32"/km
20.	60	00:00:56	00:26:19	167m	5'35"/km
21.	61	00:00:23	00:26:42	42m	9'08"/km
22.	57	00:02:54	00:29:36	414m	7'00"/km
23.	56	00:02:33	00:32:09	265m	9'37"/km
24.	64	00:01:40	00:33:49	285m	5'51"/km
25.	46	00:00:26	00:34:15	87m	4'59"/km
26.	47	00:00:28	00:34:43	99m	4'43"/km
27.	48	00:00:25	00:35:08	71m	5'52"/km
28.	49	00:00:36	00:35:44	120m	5'00"/km
29.	50	00:00:39	00:36:23	110m	5'55"/km
30.	51	00:00:23	00:36:46	68m	5'38"/km
31.	999	00:00:15	00:37:01	25m	10'00"/km