

AOS #5 Mastvest

Antwerpen 4.5.2023

Antwerp Orienteers

Michael ROOMAN

Antwerp Orienteers

Course : H:Lang

Distance : 5000m

Time : 0:36:26 (7'17"/km)

24/27

O.K.

[Full result on Webres](#)

1. Warre DE CUYPER	0:19:13
2. Adriaan PELCKMANS	0:21:13
3. Lok Hin MA	0:21:37

1.	31	00:05:13		606m	8'37"/km
2.	32	00:01:35	00:06:48	181m	8'45"/km
3.	33	00:01:07	00:07:55	125m	8'56"/km
4.	34	00:01:09	00:09:04	124m	9'16"/km
5.	35	00:00:37	00:09:41	83m	7'26"/km
6.	36	00:00:45	00:10:26	81m	9'16"/km
7.	37	00:01:22	00:11:48	181m	7'33"/km
8.	38	00:03:08	00:14:56	345m	9'05"/km
9.	39	00:00:53	00:15:49	96m	9'12"/km
10.	40	00:00:56	00:16:45	120m	7'47"/km
11.	41	00:01:07	00:17:52	141m	7'55"/km
12.	42	00:02:05	00:19:57	240m	8'41"/km
13.	43	00:03:56	00:23:53	251m	15'40"/km
14.	44	00:02:07	00:26:00	265m	7'59"/km
15.	46	00:03:03	00:29:03	235m	12'59"/km
16.	45	00:02:45	00:31:48	299m	9'12"/km
17.	47	00:00:00	00:31:48	185m	0'00"/km
18.	51	00:00:55	00:32:43	134m	6'50"/km
19.	49	00:01:02	00:33:45	136m	7'36"/km
20.	50	00:01:23	00:35:08	161m	8'36"/km
21.	48	00:01:05	00:36:13	180m	6'01"/km
22.	999	00:00:13	00:36:26	34m	6'22"/km

Orienteering Software