

AOS #5 Mastvest

Antwerpen 4.5.2023

Antwerp Orienteers

Nicolas SPILIERS

Antwerp Orienteers

Course : H:Lang

Distance : 5000m

Time : 0:26:06 (5'13"/km)

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O.K.

[Full result on Webres](#)

1. Warre DE CUYPER	0:19:13
2. Adriaan PELCKMANS	0:21:13
3. Lok Hin MA	0:21:37

1.	31	00:03:44		606m	6'10"/km
2.	32	00:01:07	00:04:51	181m	6'10"/km
3.	33	00:00:45	00:05:36	125m	6'00"/km
4.	34	00:00:49	00:06:25	124m	6'35"/km
5.	35	00:00:34	00:06:59	83m	6'50"/km
6.	36	00:00:31	00:07:30	81m	6'23"/km
7.	37	00:01:04	00:08:34	181m	5'54"/km
8.	38	00:02:02	00:10:36	345m	5'54"/km
9.	39	00:00:37	00:11:13	96m	6'25"/km
10.	40	00:00:42	00:11:55	120m	5'50"/km
11.	41	00:00:48	00:12:43	141m	5'40"/km
12.	42	00:01:29	00:14:12	240m	6'11"/km
13.	43	00:03:02	00:17:14	251m	12'05"/km
14.	44	00:01:35	00:18:49	265m	5'58"/km
15.	46	00:01:19	00:20:08	235m	5'36"/km
16.	45	00:02:16	00:22:24	299m	7'35"/km
17.	47	00:00:00	00:22:24	185m	0'00"/km
18.	51	00:00:36	00:23:00	134m	4'29"/km
19.	49	00:00:52	00:23:52	136m	6'22"/km
20.	50	00:01:13	00:25:05	161m	7'33"/km
21.	48	00:00:51	00:25:56	180m	4'43"/km
22.	999	00:00:10	00:26:06	34m	4'54"/km

Orienteering Software