



City O Cup 1 - 2023

MEERHOUT 30.4.2023

K.O.L.

Lennert LENS

hamok

Omloop : H:01

Afstand : 5470m

Tijd : 0:32:58 (6'02"/km)

3/20

O.K.

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- | | |
|--------------------|---------|
| 1. Warre DE CUYPER | 0:29:04 |
| 2. Liam THIELS | 0:30:08 |

1.	170	00:02:34	512m	5'01"/km
2.	176	00:02:10 00:04:44	326m	6'39"/km
3.	174	00:00:19 00:05:03	46m	6'53"/km
4.	178	00:01:15 00:06:18	139m	9'00"/km
5.	179	00:00:12 00:06:30	48m	4'10"/km
6.	181	00:02:00 00:08:30	214m	9'21"/km
7.	186	00:01:18 00:09:48	178m	7'18"/km
8.	187	00:00:56 00:10:44	201m	4'39"/km
9.	188	00:00:00 00:10:44	82m	0'00"/km
10.	195	00:01:07 00:11:51	209m	5'21"/km
11.	197	00:01:08 00:12:59	89m	12'44"/km
12.	200	00:00:50 00:13:49	128m	6'31"/km
13.	189	00:00:46 00:14:35	117m	6'33"/km
14.	198	00:01:06 00:15:41	238m	4'37"/km
15.	204	00:03:17 00:18:58	399m	8'14"/km
16.	207	00:01:13 00:20:11	236m	5'09"/km
17.	208	00:00:00 00:20:11	23m	0'00"/km
18.	205	00:00:33 00:20:44	134m	4'06"/km
19.	212	00:02:09 00:22:53	415m	5'11"/km
20.	211	00:00:47 00:23:40	155m	5'03"/km
21.	210	00:02:14 00:25:54	320m	6'59"/km
22.	213	00:02:33 00:28:27	457m	5'35"/km
23.	214	00:00:00 00:28:27	22m	0'00"/km
24.	201	00:00:55 00:29:22	130m	7'03"/km
25.	192	00:01:13 00:30:35	235m	5'11"/km
26.	200	00:01:40 00:32:15	212m	7'52"/km
27.	220	00:00:30 00:32:45	81m	6'10"/km
28.	999	00:00:13 00:32:58	75m	2'53"/km

Orienteering Software