



**City O Cup 1 - 2023**  
**MEERHOUT 30.4.2023**  
**K.O.L.**

**Marieke ADDIERS**

Omega

Omloop : D:03

Afstand : 3980m

Tijd : 0:33:45 (8'29"/km)

--/15

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Nancy TEUNCKENS  | 0:31:51 |
| 2. Ellen BOURGONJON | 0:32:35 |
| 3. Lieke VAN OPSTAL | 0:33:04 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 169 | 00:04:19 |          | 518m | 8'20"/km  |
| 2.  | 216 | 00:02:31 | 00:06:50 | 253m | 9'57"/km  |
| 3.  | 167 | 00:01:42 | 00:08:32 | 241m | 7'03"/km  |
| 4.  | 165 | 00:01:16 | 00:09:48 | 128m | 9'54"/km  |
| 5.  | 177 | 00:05:13 | 00:15:01 | 561m | 9'18"/km  |
| 6.  | 179 | 00:01:00 | 00:16:01 | 145m | 6'54"/km  |
| 7.  | 186 | 00:03:32 | 00:19:33 | 391m | 9'02"/km  |
| 8.  | 187 | 00:01:24 | 00:20:57 | 201m | 6'58"/km  |
| 9.  | 188 | 00:00:00 | 00:20:57 | 82m  | 0'00"/km  |
| 10. | 194 | 00:01:55 | 00:22:52 | 263m | 7'17"/km  |
| 11. | 197 | 00:02:00 | 00:24:52 | 47m  | 42'33"/km |
| 12. | 200 | 00:01:12 | 00:26:04 | 128m | 9'23"/km  |
| 13. | 201 | 00:01:26 | 00:27:30 | 204m | 7'02"/km  |
| 14. | 215 | 00:01:24 | 00:28:54 | 215m | 6'31"/km  |
| 15. | 192 | 00:01:00 | 00:29:54 | 109m | 9'10"/km  |
| 16. | 189 | 00:01:49 | 00:31:43 | 174m | 10'26"/km |
| 17. | 200 | 00:01:06 | 00:32:49 | 117m | 9'24"/km  |
| 18. | 220 | 00:00:35 | 00:33:24 | 81m  | 7'12"/km  |
| 19. | 999 | 00:00:21 | 00:33:45 | 75m  | 4'40"/km  |

Orienteering Software