



LOS 2023-02

Sportoqse 29.4.2023

Omega

Kurt DUERINCKX

Omega

Course : H:01

Distance : 4770m

Time : 0:45:41 (9'35"/km)

24/37

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:27:15 |
| 2. Marcin GACZYNSKI | 0:31:26 |
| 3. Lennert LENS | 0:32:10 |

1.	31	00:01:48		145m	12'25"/km
2.	32	00:00:58	00:02:46	77m	12'33"/km
3.	33	00:01:15	00:04:01	163m	7'40"/km
4.	34	00:00:34	00:04:35	77m	7'22"/km
5.	35	00:01:23	00:05:58	127m	10'54"/km
6.	36	00:02:21	00:08:19	273m	8'36"/km
7.	37	00:01:16	00:09:35	90m	14'04"/km
8.	38	00:01:54	00:11:29	95m	20'00"/km
9.	39	00:02:05	00:13:34	144m	14'28"/km
10.	41	00:03:02	00:16:36	195m	15'33"/km
11.	53	00:01:55	00:18:31	241m	7'57"/km
12.	57	00:03:20	00:21:51	378m	8'49"/km
13.	46	00:01:57	00:23:48	239m	8'10"/km
14.	58	00:00:33	00:24:21	70m	7'51"/km
15.	45	00:01:27	00:25:48	126m	11'30"/km
16.	44	00:01:02	00:26:50	132m	7'50"/km
17.	43	00:01:06	00:27:56	142m	7'45"/km
18.	47	00:01:00	00:28:56	101m	9'54"/km
19.	42	00:00:53	00:29:49	68m	12'59"/km
20.	48	00:02:59	00:32:48	311m	9'36"/km
21.	49	00:01:58	00:34:46	202m	9'44"/km
22.	40	00:01:44	00:36:30	240m	7'13"/km
23.	50	00:01:11	00:37:41	150m	7'53"/km
24.	37	00:01:00	00:38:41	141m	7'06"/km
25.	51	00:00:41	00:39:22	72m	9'29"/km
26.	52	00:01:58	00:41:20	197m	9'59"/km
27.	54	00:01:22	00:42:42	189m	7'14"/km
28.	55	00:01:59	00:44:41	228m	8'42"/km
29.	56	00:00:43	00:45:24	111m	6'27"/km
30.	999	00:00:17	00:45:41	48m	5'54"/km