



Lenteloop - Park Molenheide

Helchteren 19.4.2023

Omega

Vic VANDERSTRAETEN

hamok

Omloop : H:03

Afstand : 3140m

Tijd : 0:37:22 (11'54"/km)

4/12

O.K.

[Volledige uitslagen op Webres](#)

1. Kobe DEFERM	0:21:21
2. Luc HEUNINCKX	0:26:00
3. René STEENSSENS	0:33:20

1.	99	00:01:22		180m	7'36"/km
2.	97	00:02:25	00:03:47	179m	13'30"/km
3.	77	00:00:47	00:04:34	72m	10'53"/km
4.	76	00:02:12	00:06:46	103m	21'22"/km
5.	91	00:01:09	00:07:55	165m	6'58"/km
6.	88	00:02:59	00:10:54	274m	10'53"/km
7.	87	00:02:22	00:13:16	139m	17'02"/km
8.	84	00:04:24	00:17:40	421m	10'27"/km
9.	79	00:03:37	00:21:17	315m	11'29"/km
10.	93	00:01:16	00:22:33	123m	10'18"/km
11.	82	00:01:49	00:24:22	163m	11'09"/km
12.	80	00:02:54	00:27:16	128m	22'39"/km
13.	81	00:01:47	00:29:03	164m	10'52"/km
14.	74	00:04:08	00:33:11	439m	9'25"/km
15.	100	00:02:54	00:36:05	187m	15'30"/km
16.	103	00:01:05	00:37:10	65m	16'40"/km
17.	999	00:00:12	00:37:22	27m	7'24"/km

Orienteering Software