



# Lenteloop - Park Molenheide

Helchteren 19.4.2023

Omega

**Noël NIJSTEN**

Borasca

Omloop : H:01

Afstand : 5630m

Tijd : 0:36:35 (6'30"/km)

**5/27**

O.K.

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- |                 |         |
|-----------------|---------|
| 1. Lennert LENS | 0:31:43 |
| 2. Kim JANSEN   | 0:32:48 |
| 3. Jeremy GENAR | 0:33:11 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 71  | 00:01:38 |          | 224m | 7'17"/km  |
| 2.  | 72  | 00:00:55 | 00:02:33 | 155m | 5'55"/km  |
| 3.  | 73  | 00:01:21 | 00:03:54 | 247m | 5'28"/km  |
| 4.  | 74  | 00:01:09 | 00:05:03 | 200m | 5'45"/km  |
| 5.  | 75  | 00:02:15 | 00:07:18 | 416m | 5'25"/km  |
| 6.  | 76  | 00:01:07 | 00:08:25 | 117m | 9'33"/km  |
| 7.  | 77  | 00:00:53 | 00:09:18 | 103m | 8'35"/km  |
| 8.  | 96  | 00:00:30 | 00:09:48 | 76m  | 6'35"/km  |
| 9.  | 78  | 00:01:32 | 00:11:20 | 213m | 7'12"/km  |
| 10. | 79  | 00:02:47 | 00:14:07 | 417m | 6'40"/km  |
| 11. | 80  | 00:01:59 | 00:16:06 | 336m | 5'54"/km  |
| 12. | 81  | 00:00:54 | 00:17:00 | 164m | 5'29"/km  |
| 13. | 82  | 00:00:57 | 00:17:57 | 166m | 5'43"/km  |
| 14. | 83  | 00:01:37 | 00:19:34 | 240m | 6'44"/km  |
| 15. | 84  | 00:01:29 | 00:21:03 | 282m | 5'16"/km  |
| 16. | 85  | 00:01:08 | 00:22:11 | 143m | 7'56"/km  |
| 17. | 104 | 00:01:40 | 00:23:51 | 73m  | 22'50"/km |
| 18. | 86  | 00:00:44 | 00:24:35 | 82m  | 8'57"/km  |
| 19. | 87  | 00:01:06 | 00:25:41 | 220m | 5'00"/km  |
| 20. | 89  | 00:02:19 | 00:28:00 | 366m | 6'20"/km  |
| 21. | 93  | 00:00:39 | 00:28:39 | 101m | 6'26"/km  |
| 22. | 92  | 00:01:41 | 00:30:20 | 282m | 5'58"/km  |
| 23. | 90  | 00:00:39 | 00:30:59 | 88m  | 7'23"/km  |
| 24. | 91  | 00:03:49 | 00:34:48 | 624m | 6'07"/km  |
| 25. | 103 | 00:01:32 | 00:36:20 | 267m | 5'45"/km  |
| 26. | 999 | 00:00:15 | 00:36:35 | 27m  | 9'16"/km  |

Orienteering Software