



Training am Wegweiser Emmels-Recht 2.4.2023 O.L.G. St. Vith ARDOC

Stephan HANS

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Strecke : Bahn D

Länge : 4400m (Steigung 65m)

Zeit : 0:43:11 (9'49"/km)

1/6

O.K.

[Vollständige Ergebnisse auf Webres](#)

2. Maria HENKES

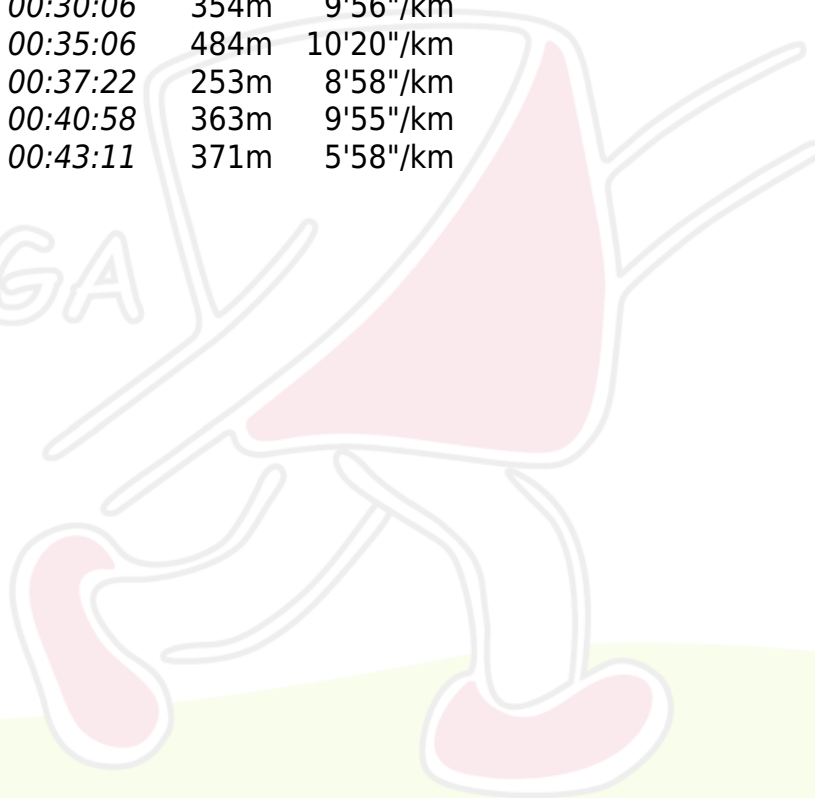
0:43:54

3. Ludwig KAUT

0:51:38

1.	107	00:04:03		536m	7'33"/km
2.	116	00:02:14	00:06:17	254m	8'48"/km
3.	108	00:02:48	00:09:05	226m	12'23"/km
4.	109	00:03:59	00:13:04	340m	11'43"/km
5.	110	00:04:18	00:17:22	393m	10'56"/km
6.	111	00:04:02	00:21:24	436m	9'15"/km
7.	115	00:05:11	00:26:35	382m	13'34"/km
8.	114	00:03:31	00:30:06	354m	9'56"/km
9.	102	00:05:00	00:35:06	484m	10'20"/km
10.	118	00:02:16	00:37:22	253m	8'58"/km
11.	220	00:03:36	00:40:58	363m	9'55"/km
12.	120	00:02:13	00:43:11	371m	5'58"/km

HELGA



Orienteering Software