



Training am Wegweiser Emmels-Recht 2.4.2023 O.L.G. St. Vith ARDOC

Jürgen LOO

O.L.G. St. Vith ARDOC

Strecke : Bahn A

Länge : 6500m (Steigung 70m)

Zeit : 0:55:18 (8'30"/km)

4/10

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Guido LENGES	0:43:25
2. Karl SCHWALL	0:54:39
3. Michael HOCK	0:55:00

1.	107	00:04:33		536m	8'29"/km
2.	108	00:05:14	00:09:47	405m	12'55"/km
3.	109	00:02:32	00:12:19	340m	7'27"/km
4.	110	00:02:57	00:15:16	393m	7'30"/km
5.	111	00:03:06	00:18:22	436m	7'07"/km
6.	112	00:03:03	00:21:25	418m	7'18"/km
7.	113	00:03:18	00:24:43	392m	8'25"/km
8.	114	00:04:16	00:28:59	471m	9'04"/km
9.	115	00:03:47	00:32:46	354m	10'41"/km
10.	116	00:05:08	00:37:54	727m	7'04"/km
11.	117	00:04:12	00:42:06	414m	10'09"/km
12.	118	00:04:11	00:46:17	460m	9'06"/km
13.	102	00:02:07	00:48:24	253m	8'22"/km
14.	105	00:02:28	00:50:52	243m	10'09"/km
15.	220	00:01:54	00:52:46	248m	7'40"/km
16.	120	00:02:32	00:55:18	371m	6'50"/km

Orienteering Software