

Championnat de Belgique Moyenne Distance

Banneux 26.3.2023

Hermathenae

Tomas HENDRICKX

hamok

Circuit : H40

Distance : 5340m (Dénivelé 185m)

Temps : 0:32:52 (6'09"/km)

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O.K.

[Résultats complets sur Webres](#)

2. Joost TALLOEN 0:34:33
3. Jeroen VAN DER KLEIJ 0:35:13

1.	112	00:01:14		149m	8'17"/km
2.	85	00:01:48	00:03:02	174m	10'21"/km
3.	98	00:03:14	00:06:16	390m	8'17"/km
4.	111	00:02:47	00:09:03	591m	4'43"/km
5.	109	00:01:09	00:10:12	263m	4'22"/km
6.	108	00:00:50	00:11:02	158m	5'16"/km
7.	122	00:01:43	00:12:45	299m	5'44"/km
8.	123	00:01:27	00:14:12	198m	7'19"/km
9.	125	00:00:59	00:15:11	155m	6'21"/km
10.	118	00:01:24	00:16:35	244m	5'44"/km
11.	117	00:00:40	00:17:15	120m	5'33"/km
12.	116	00:01:17	00:18:32	248m	5'10"/km
13.	115	00:01:07	00:19:39	149m	7'30"/km
14.	113	00:03:16	00:22:55	280m	11'40"/km
15.	105	00:01:58	00:24:53	315m	6'15"/km
16.	104	00:01:24	00:26:17	273m	5'08"/km
17.	102	00:00:59	00:27:16	151m	6'31"/km
18.	99	00:01:30	00:28:46	269m	5'35"/km
19.	91	00:00:50	00:29:36	187m	4'27"/km
20.	88	00:01:08	00:30:44	170m	6'40"/km
21.	127	00:01:38	00:32:22	242m	6'45"/km
22.	999	00:00:30	00:32:52	157m	3'11"/km

Orienteering Software