



Nationale - Long Distance Oosterlynck

Hoge Mouw 19.3.2023

TROL

Evert LEEUWS

Antwerp Orienteers

Omloop : HE

Afstand : 13600m

Tijd : 1:19:05 (5'49"/km)

3/12

O.K.

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|--------------------|---------|
| 1. Warre DE CUYPER | 1:16:31 |
| 2. Wouter HUS | 1:16:50 |

1.	47	00:04:58	994m	5'00"/km
2.	49	00:01:25 00:06:23	252m	5'37"/km
3.	52	00:00:30 00:06:53	82m	6'06"/km
4.	50	00:01:31 00:08:24	287m	5'17"/km
5.	51	00:00:38 00:09:02	116m	5'28"/km
6.	53	00:01:53 00:10:55	398m	4'44"/km
7.	56	00:03:13 00:14:08		
8.	100	00:01:10 00:15:18		
9.	57	00:02:35 00:17:53	393m	6'34"/km
10.	58	00:01:07 00:19:00	169m	6'36"/km
11.	64	00:03:20 00:22:20	566m	5'53"/km
12.	68	00:03:42 00:26:02	724m	5'07"/km
13.	71	00:02:12 00:28:14	340m	6'28"/km
14.	72	00:02:15 00:30:29	363m	6'12"/km
15.	73	00:01:11 00:31:40	212m	5'35"/km
16.	75	00:03:59 00:35:39	538m	7'24"/km
17.	78	00:02:55 00:38:34	474m	6'09"/km
18.	81	00:03:31 00:42:05	565m	6'13"/km
19.	67	00:02:36 00:44:41	488m	5'20"/km
20.	70	00:03:19 00:48:00	594m	5'35"/km
21.	74	00:02:11 00:50:11	419m	5'13"/km
22.	79	00:03:18 00:53:29	629m	5'15"/km
23.	62	00:05:45 00:59:14	1135m	5'04"/km
24.	88	00:01:51 01:01:05	347m	5'20"/km
25.	38	00:03:27 01:04:32	298m	11'35"/km
26.	42	00:01:50 01:06:22	294m	6'14"/km
27.	90	00:02:13 01:08:35	323m	6'52"/km
28.	84	00:03:25 01:12:00	687m	4'58"/km
29.	37	00:02:53 01:14:53	556m	5'11"/km
30.	94	00:00:47 01:15:40		
31.	95	00:00:39 01:16:19		
32.	61	00:01:56 01:18:15	299m	6'28"/km
33.	999	00:00:50 01:19:05	153m	5'27"/km