



Championnat de ligue de Longue distance

Forêt de Montmorency (95) 12.3.2023

9502IF ACBeauchamp

Maurice PROVOST

7707IF OPA MONTIGNY

Circuit : H65

Distance : 5300m (Dénivelé 135m)

Temps : 1:04:25 (12'09"/km)

3/9

O.K.

[Résultats complets sur Webres](#)

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|-----------------------|---------|
| 1. Rene GODEFROY | 0:52:51 |
| 2. Dominique SERGEANT | 0:55:21 |

1.	42	00:01:25		173m	8'11"/km
2.	31	00:03:02	00:04:27	290m	10'28"/km
3.	32	00:04:07	00:08:34	255m	16'09"/km
4.	69	00:03:40	00:12:14	329m	11'09"/km
5.	44	00:10:30	00:22:44	905m	11'36"/km
6.	90	00:05:55	00:28:39	562m	10'32"/km
7.	88	00:09:27	00:38:06	784m	12'03"/km
8.	52	00:04:04	00:42:10	215m	18'55"/km
9.	85	00:02:28	00:44:38	160m	15'25"/km
10.	54	00:07:19	00:51:57	528m	13'51"/km
11.	33	00:04:12	00:56:09	312m	13'28"/km
12.	56	00:03:42	00:59:51	334m	11'05"/km
13.	99	00:04:08	01:03:59	344m	12'01"/km
14.	999	00:00:26	01:04:25	83m	5'13"/km

HELGA

Orienteering Software