



Championnat de ligue de Longue distance Forêt de Montmorency (95) 12.3.2023 9502IF ACBeauchamp

Fabien GRUSELLE

9404IF AS IGN

Circuit : H55

Distance : 6800m (Dénivelé 180m)

Temps : 1:01:03 (8'59"/km)

7/20

O.K.

[Résultats complets sur Webres](#)

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|-------------------------|---------|
| 1. Christophe RAUTURIER | 0:53:27 |
| 2. Hugues GILLARD | 0:53:57 |
| 3. Philippe SANCHEZ | 0:55:36 |

1.	57	00:02:25		467m	5'10"/km
2.	60	00:02:03	00:04:28	258m	7'57"/km
3.	64	00:01:22	00:05:50	201m	6'48"/km
4.	84	00:06:11	00:12:01	719m	8'36"/km
5.	90	00:04:13	00:16:14	524m	8'03"/km
6.	82	00:02:18	00:18:32	260m	8'51"/km
7.	83	00:10:52	00:29:24		
8.	63	00:02:02	00:31:26	113m	18'00"/km
9.	80	00:01:28	00:32:54	149m	9'51"/km
10.	50	00:05:32	00:38:26	455m	12'10"/km
11.	65	00:02:07	00:40:33	281m	7'32"/km
12.	88	00:03:49	00:44:22	249m	15'20"/km
13.	54	00:08:26	00:52:48	857m	9'50"/km
14.	78	00:02:44	00:55:32	228m	11'59"/km
15.	102	00:03:27	00:58:59	453m	7'37"/km
16.	99	00:01:47	01:00:46	302m	5'54"/km
17.	999	00:00:17	01:01:03	83m	3'25"/km

Orienteering Software