



Championnat de ligue de Longue distance Forêt de Montmorency (95) 12.3.2023 9502IF ACBeauchamp

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7707IF OPA MONTIGNY

Circuit : H50

Distance : 8800m (Dénivelé 200m)

Temps : 1:33:46 (10'39"/km)

15/20

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Jean-Luc DENOUAL | 1:05:38 |
| 2. Pascal PANNIER | 1:06:40 |
| 3. Thierry BESTEL | 1:10:12 |

1.	61	00:01:25		300m	4'43"/km
2.	59	00:05:50	00:07:15	456m	12'48"/km
3.	34	00:02:55	00:10:10	258m	11'18"/km
4.	37	00:04:13	00:14:23	386m	10'55"/km
5.	40	00:01:17	00:15:40	200m	6'25"/km
6.	38	00:02:47	00:18:27	380m	7'19"/km
7.	41	00:04:33	00:23:00	381m	11'57"/km
8.	71	00:12:47	00:35:47	1601m	7'59"/km
9.	105	00:03:31	00:39:18	348m	10'06"/km
10.	83	00:08:29	00:47:47	1117m	7'36"/km
11.	63	00:01:04	00:48:51	113m	9'26"/km
12.	50	00:15:08	01:03:59	503m	30'05"/km
13.	65	00:02:23	01:06:22	281m	8'29"/km
14.	88	00:04:32	01:10:54	249m	18'12"/km
15.	52	00:02:25	01:13:19	215m	11'14"/km
16.	85	00:02:27	01:15:46	160m	15'19"/km
17.	53	00:05:18	01:21:04	472m	11'14"/km
18.	60	00:06:53	01:27:57	658m	10'28"/km
19.	64	00:01:57	01:29:54	201m	9'42"/km
20.	99	00:03:30	01:33:24	437m	8'01"/km
21.	999	00:00:22	01:33:46	83m	4'25"/km

Orienteering Software