



# Championnat de ligue de Longue distance Forêt de Montmorency (95) 12.3.2023 9502IF ACBeauchamp

**Nicolas MOULET**

2517BF OTB

Circuit : H50

Distance : 8800m (Dénivelé 200m)

Temps : 1:25:22 (9'42"/km)

**11/20**

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Jean-Luc DENOUAL | 1:05:38 |
| 2. Pascal PANNIER   | 1:06:40 |
| 3. Thierry BESTEL   | 1:10:12 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 61  | 00:01:41 |          | 300m  | 5'37"/km  |
| 2.  | 59  | 00:04:32 | 00:06:13 | 456m  | 9'56"/km  |
| 3.  | 34  | 00:03:31 | 00:09:44 | 258m  | 13'38"/km |
| 4.  | 37  | 00:04:48 | 00:14:32 | 386m  | 12'26"/km |
| 5.  | 40  | 00:02:13 | 00:16:45 | 200m  | 11'05"/km |
| 6.  | 38  | 00:03:05 | 00:19:50 | 380m  | 8'07"/km  |
| 7.  | 41  | 00:04:50 | 00:24:40 | 381m  | 12'41"/km |
| 8.  | 71  | 00:12:39 | 00:37:19 | 1601m | 7'54"/km  |
| 9.  | 105 | 00:04:35 | 00:41:54 | 348m  | 13'10"/km |
| 10. | 83  | 00:08:36 | 00:50:30 | 1117m | 7'42"/km  |
| 11. | 63  | 00:00:58 | 00:51:28 | 113m  | 8'33"/km  |
| 12. | 50  | 00:05:51 | 00:57:19 | 503m  | 11'38"/km |
| 13. | 65  | 00:02:24 | 00:59:43 | 281m  | 8'32"/km  |
| 14. | 88  | 00:03:02 | 01:02:45 | 249m  | 12'11"/km |
| 15. | 52  | 00:02:24 | 01:05:09 | 215m  | 11'10"/km |
| 16. | 85  | 00:02:10 | 01:07:19 | 160m  | 13'32"/km |
| 17. | 53  | 00:05:28 | 01:12:47 | 472m  | 11'35"/km |
| 18. | 60  | 00:06:46 | 01:19:33 | 658m  | 10'17"/km |
| 19. | 64  | 00:01:50 | 01:21:23 | 201m  | 9'07"/km  |
| 20. | 99  | 00:03:34 | 01:24:57 | 437m  | 8'10"/km  |
| 21. | 999 | 00:00:25 | 01:25:22 | 83m   | 5'01"/km  |

Orienteering Software