



# Championnat de ligue de Longue distance Forêt de Montmorency (95) 12.3.2023 9502IF ACBeauchamp

**Olivier BEDELET**

7807IF GO78

Circuit : H50

Distance : 8800m (Dénivelé 200m)

Temps : 1:19:41 (9'03"/km)

**7/20**

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Jean-Luc DENOUAL | 1:05:38 |
| 2. Pascal PANNIER   | 1:06:40 |
| 3. Thierry BESTEL   | 1:10:12 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 61  | 00:01:38 |          | 300m  | 5'27"/km  |
| 2.  | 59  | 00:04:04 | 00:05:42 | 456m  | 8'55"/km  |
| 3.  | 34  | 00:02:23 | 00:08:05 | 258m  | 9'14"/km  |
| 4.  | 37  | 00:04:29 | 00:12:34 | 386m  | 11'37"/km |
| 5.  | 40  | 00:01:40 | 00:14:14 | 200m  | 8'20"/km  |
| 6.  | 38  | 00:03:05 | 00:17:19 | 380m  | 8'07"/km  |
| 7.  | 41  | 00:03:44 | 00:21:03 | 381m  | 9'48"/km  |
| 8.  | 71  | 00:13:16 | 00:34:19 | 1601m | 8'17"/km  |
| 9.  | 105 | 00:04:05 | 00:38:24 | 348m  | 11'44"/km |
| 10. | 83  | 00:08:37 | 00:47:01 | 1117m | 7'43"/km  |
| 11. | 63  | 00:01:01 | 00:48:02 | 113m  | 9'00"/km  |
| 12. | 50  | 00:06:43 | 00:54:45 | 503m  | 13'21"/km |
| 13. | 65  | 00:02:09 | 00:56:54 | 281m  | 7'39"/km  |
| 14. | 88  | 00:02:51 | 00:59:45 | 249m  | 11'27"/km |
| 15. | 52  | 00:01:40 | 01:01:25 | 215m  | 7'45"/km  |
| 16. | 85  | 00:01:50 | 01:03:15 | 160m  | 11'27"/km |
| 17. | 53  | 00:05:44 | 01:08:59 | 472m  | 12'09"/km |
| 18. | 60  | 00:05:49 | 01:14:48 | 658m  | 8'50"/km  |
| 19. | 64  | 00:01:32 | 01:16:20 | 201m  | 7'38"/km  |
| 20. | 99  | 00:03:00 | 01:19:20 | 437m  | 6'52"/km  |
| 21. | 999 | 00:00:21 | 01:19:41 | 83m   | 4'13"/km  |

Orienteering Software