



Championnat de ligue de Longue distance

Forêt de Montmorency (95) 12.3.2023

9502IF ACBeauchamp

Emmanuel ROINE

7707IF OPA MONTIGNY

Circuit : H50

Distance : 8800m (Dénivelé 200m)

Temps : 1:12:26 (8'14"/km)

5/20

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Jean-Luc DENOUAL | 1:05:38 |
| 2. Pascal PANNIER | 1:06:40 |
| 3. Thierry BESTEL | 1:10:12 |

1.	61	00:01:27		300m	4'50"/km
2.	59	00:04:58	00:06:25	456m	10'54"/km
3.	34	00:02:00	00:08:25	258m	7'45"/km
4.	37	00:03:34	00:11:59	386m	9'14"/km
5.	40	00:02:45	00:14:44	200m	13'45"/km
6.	38	00:02:40	00:17:24	380m	7'01"/km
7.	41	00:03:03	00:20:27	381m	8'00"/km
8.	71	00:10:49	00:31:16	1601m	6'45"/km
9.	105	00:03:40	00:34:56	348m	10'32"/km
10.	83	00:07:29	00:42:25	1117m	6'42"/km
11.	63	00:00:46	00:43:11	113m	6'47"/km
12.	50	00:05:25	00:48:36	503m	10'46"/km
13.	65	00:01:55	00:50:31	281m	6'49"/km
14.	88	00:02:47	00:53:18	249m	11'11"/km
15.	52	00:01:46	00:55:04	215m	8'13"/km
16.	85	00:01:37	00:56:41	160m	10'06"/km
17.	53	00:04:30	01:01:11	472m	9'32"/km
18.	60	00:06:10	01:07:21	658m	9'22"/km
19.	64	00:01:42	01:09:03	201m	8'27"/km
20.	99	00:03:05	01:12:08	437m	7'03"/km
21.	999	00:00:18	01:12:26	83m	3'37"/km

Orienteering Software