

Nationale LD
Hèvermont 12.3.2023
CO Liège

Mark VAN BRUGGEN

TROL

Circuit : H75

Distance : 3990m (Dénivelé 90m)

Temps : 1:17:57 (19'32"/km)

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O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------|---------|
| 1. Freddy SILLIEN | 0:45:37 |
| 2. Vic VANDERSTRAETEN | 0:53:36 |
| 3. Jos HOUBEN | 0:59:26 |

1.	139	00:10:48		730m	14'48"/km
2.	134	00:05:13	00:16:01	328m	15'54"/km
3.	138	00:06:12	00:22:13	417m	14'52"/km
4.	107	00:12:41	00:34:54	393m	32'16"/km
5.	80	00:08:38	00:43:32	516m	16'44"/km
6.	122	00:04:35	00:48:07	287m	15'58"/km
7.	127	00:06:26	00:54:33	330m	19'30"/km
8.	137	00:05:41	01:00:14	280m	20'18"/km
9.	93	00:10:06	01:10:20	291m	34'42"/km
10.	96	00:06:28	01:16:48	303m	21'21"/km
11.	999	00:01:09	01:17:57	115m	10'00"/km

HELGA

Orienteering Software