



Treino e Iniciação COC 2023

Recanto Santa Maria - Alm Tam 5.3.2023

Clube de Orientação de Curitiba

Hercílio Guiraud Neto

Clube de Orientação de Curitiba

Percurso : H VIP A

Distancia : 3500m (Desnivel 85m)

Tempo : 2:04:38 (35'37"/km)

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O.K.

[Resultados completos em Webres](#)

1.	136	00:01:22		147m	9'18"/km
2.	104	00:02:17	00:03:39	266m	8'35"/km
3.	106	00:02:24	00:06:03	285m	8'25"/km
4.	140	00:01:36	00:07:39	145m	11'02"/km
5.	71	00:03:50	00:11:29	206m	18'37"/km
6.	130	00:06:56	00:18:25	373m	18'35"/km
7.	95	00:13:55	00:32:20	103m	135'07"/km
8.	93	00:12:59	00:45:19	225m	57'42"/km
9.	107	00:06:52	00:52:11	96m	71'32"/km
10.	138	00:04:49	00:57:00	187m	25'45"/km
11.	131	00:11:37	01:08:37	118m	98'27"/km
12.	71	00:07:22	01:15:59	425m	17'20"/km
13.	100	00:12:26	01:28:25	168m	74'00"/km
14.	122	00:06:38	01:35:03	184m	36'03"/km
15.	121	00:03:29	01:38:32	127m	27'26"/km
16.	79	00:04:46	01:43:18	59m	80'47"/km
17.	76	00:04:03	01:47:21	182m	22'15"/km
18.	129	00:05:52	01:53:13	388m	15'07"/km
19.	71	00:05:03	01:58:16	258m	19'34"/km
20.	80	00:03:12	02:01:28	350m	9'09"/km
21.	90	00:02:39	02:04:07	122m	21'43"/km
22.	999	00:00:31	02:04:38	65m	7'57"/km

Orienteering Software