



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Ludo AERTS

hamok

Omloop : H:04

Afstand : 4190m

Tijd : 1:16:52 (18'21"/km)

25/32

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Nathan JANSEN | 0:30:21 |
| 2. Thor WOLLES | 0:31:27 |
| 3. Adrie VAN OPSTAL | 0:35:49 |

1.	105	00:08:53		320m	27'46"/km
2.	122	00:05:48	00:14:41	503m	11'32"/km
3.	118	00:01:54	00:16:35	143m	13'17"/km
4.	117	00:01:17	00:17:52	111m	11'34"/km
5.	116	00:02:31	00:20:23	177m	14'13"/km
6.	115	00:01:13	00:21:36	96m	12'40"/km
7.	111	00:02:59	00:24:35	259m	11'31"/km
8.	125	00:05:34	00:30:09	519m	10'44"/km
9.	152	00:21:27	00:51:36	557m	38'31"/km
10.	151	00:01:20	00:52:56	110m	12'07"/km
11.	146	00:02:32	00:55:28	179m	14'09"/km
12.	141	00:02:59	00:58:27	201m	14'51"/km
13.	140	00:02:11	01:00:38	125m	17'28"/km
14.	138	00:03:29	01:04:07	183m	19'02"/km
15.	149	00:07:36	01:11:43	316m	24'03"/km
16.	148	00:02:57	01:14:40	225m	13'07"/km
17.	220	00:01:45	01:16:25	84m	20'50"/km
18.	999	00:00:27	01:16:52	87m	5'10"/km

Orienteering Software