



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Dominique BRUYLANT

ASUB

Omloop : H:04

Afstand : 4190m

Tijd : 0:43:16 (10'20"/km)

8/32

O.K.

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- | | |
|---------------------|---------|
| 1. Nathan JANSEN | 0:30:21 |
| 2. Thor WOLLES | 0:31:27 |
| 3. Adrie VAN OPSTAL | 0:35:49 |

1.	105	00:03:01		320m	9'26"/km
2.	122	00:06:45	00:09:46	503m	13'25"/km
3.	118	00:01:30	00:11:16	143m	10'29"/km
4.	117	00:01:08	00:12:24	111m	10'13"/km
5.	116	00:01:57	00:14:21	177m	11'01"/km
6.	115	00:00:52	00:15:13	96m	9'02"/km
7.	111	00:02:38	00:17:51	259m	10'10"/km
8.	125	00:05:36	00:23:27	519m	10'47"/km
9.	152	00:05:59	00:29:26	557m	10'45"/km
10.	151	00:01:26	00:30:52	110m	13'02"/km
11.	146	00:01:37	00:32:29	179m	9'02"/km
12.	141	00:01:53	00:34:22	201m	9'22"/km
13.	140	00:01:14	00:35:36	125m	9'52"/km
14.	138	00:02:09	00:37:45	183m	11'45"/km
15.	149	00:03:01	00:40:46	316m	9'33"/km
16.	148	00:01:36	00:42:22	225m	7'07"/km
17.	220	00:00:33	00:42:55	84m	6'33"/km
18.	999	00:00:21	00:43:16	87m	4'01"/km

Orienteering Software