



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

François JACOBS

Omega

Omloop : H:03

Afstand : 5500m

Tijd : 0:45:45 (8'19"/km)

9/41

O.K.

[Volledige uitslagen op Webres](#)

1. Bob DE CLEENE	0:36:12
2. Thomas JANSEN	0:36:17
3. Rudy ROOMAN	0:39:07

1.	106	00:04:06		400m	10'15"/km
2.	134	00:07:07	00:11:13	897m	7'56"/km
3.	112	00:02:31	00:13:44	324m	7'46"/km
4.	114	00:02:19	00:16:03	331m	7'00"/km
5.	115	00:00:50	00:16:53	90m	9'16"/km
6.	113	00:01:38	00:18:31	216m	7'34"/km
7.	119	00:01:54	00:20:25	262m	7'15"/km
8.	118	00:01:33	00:21:58	207m	7'29"/km
9.	122	00:01:01	00:22:59	143m	7'07"/km
10.	116	00:01:18	00:24:17	190m	6'51"/km
11.	162	00:01:16	00:25:33	156m	8'07"/km
12.	155	00:04:26	00:29:59	615m	7'13"/km
13.	152	00:01:56	00:31:55	282m	6'51"/km
14.	150	00:02:00	00:33:55	93m	21'30"/km
15.	146	00:01:44	00:35:39	189m	9'10"/km
16.	158	00:03:38	00:39:17	281m	12'56"/km
17.	137	00:01:12	00:40:29	170m	7'04"/km
18.	140	00:00:36	00:41:05	80m	7'30"/km
19.	157	00:01:51	00:42:56	217m	8'32"/km
20.	148	00:01:28	00:44:24	185m	7'56"/km
21.	220	00:00:59	00:45:23	84m	11'42"/km
22.	999	00:00:22	00:45:45	87m	4'13"/km

Orienteering Software