



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Herman PRUMMEL

K.O.L.

Omloop : H:02

Afstand : 7010m

Tijd : 1:21:16 (11'36"/km)

41/47

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Aleksei MOROZOV | 0:39:38 |
| 2. Mats DE SMUL | 0:41:55 |
| 3. Wim VERVOORT | 0:46:01 |

1.	155	00:06:42		555m	12'04"/km
2.	128	00:07:10	00:13:52	794m	9'02"/km
3.	127	00:02:05	00:15:57	191m	10'54"/km
4.	134	00:05:05	00:21:02	592m	8'35"/km
5.	112	00:03:07	00:24:09	324m	9'37"/km
6.	115	00:03:14	00:27:23	392m	8'15"/km
7.	162	00:02:30	00:29:53	223m	11'13"/km
8.	123	00:02:48	00:32:41	277m	10'06"/km
9.	118	00:02:02	00:34:43	204m	9'58"/km
10.	117	00:01:06	00:35:49	111m	9'55"/km
11.	120	00:02:12	00:38:01	233m	9'27"/km
12.	121	00:01:28	00:39:29	158m	9'17"/km
13.	111	00:05:32	00:45:01	553m	10'00"/km
14.	125	00:05:18	00:50:19	519m	10'13"/km
15.	135	00:07:14	00:57:33	310m	23'20"/km
16.	153	00:05:43	01:03:16	274m	20'52"/km
17.	152	00:01:30	01:04:46	178m	8'26"/km
18.	146	00:03:26	01:08:12	271m	12'40"/km
19.	139	00:02:16	01:10:28	186m	12'11"/km
20.	140	00:01:33	01:12:01	155m	10'00"/km
21.	159	00:02:29	01:14:30	248m	10'01"/km
22.	220	00:06:19	01:20:49	175m	36'06"/km
23.	999	00:00:27	01:21:16	87m	5'10"/km

Orienteering Software