



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Lies PROVOOST

Omega

Omloop : D:03

Afstand : 5500m

Tijd : 1:15:00 (13'38"/km)

22/26

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Maija TAILLIEU | 0:46:59 |
| 2. Ellen MOLS | 0:47:20 |
| 3. Lieke VAN OPSTAL | 0:47:21 |

1.	106	00:14:36	400m	36'30"/km
2.	134	00:08:20 00:22:56	897m	9'17"/km
3.	112	00:03:00 00:25:56	324m	9'16"/km
4.	114	00:03:13 00:29:09	331m	9'43"/km
5.	115	00:01:46 00:30:55	90m	19'38"/km
6.	113	00:01:57 00:32:52	216m	9'02"/km
7.	119	00:02:09 00:35:01	262m	8'12"/km
8.	118	00:01:44 00:36:45	207m	8'22"/km
9.	122	00:01:34 00:38:19	143m	10'57"/km
10.	116	00:04:55 00:43:14	190m	25'53"/km
11.	162	00:02:41 00:45:55	156m	17'12"/km
12.	155	00:05:10 00:51:05	615m	8'24"/km
13.	152	00:02:27 00:53:32	282m	8'41"/km
14.	150	00:03:45 00:57:17	93m	40'19"/km
15.	146	00:03:09 01:00:26	189m	16'40"/km
16.	158	00:04:03 01:04:29	281m	14'25"/km
17.	137	00:01:50 01:06:19	170m	10'47"/km
18.	140	00:00:45 01:07:04	80m	9'23"/km
19.	157	00:01:58 01:09:02	217m	9'04"/km
20.	148	00:04:59 01:14:01	185m	26'56"/km
21.	220	00:00:38 01:14:39	84m	7'32"/km
22.	999	00:00:21 01:15:00	87m	4'01"/km

Orienteering Software