



# Valentijn - Forest Cup - BUSF

## Lommel Sahara 12.2.2023

### K.O.L.

**An SMET**

K.O.L.

Omloop : D:03

Afstand : 5500m

Tijd : 1:11:45 (13'03"/km)

**21/26**

O.K.

[Volledige uitslagen op Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Maija TAILLIEU   | 0:46:59 |
| 2. Ellen MOLS       | 0:47:20 |
| 3. Lieke VAN OPSTAL | 0:47:21 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 106 | 00:06:11 |          | 400m | 15'28"/km |
| 2.  | 134 | 00:11:30 | 00:17:41 | 897m | 12'49"/km |
| 3.  | 112 | 00:03:30 | 00:21:11 | 324m | 10'48"/km |
| 4.  | 114 | 00:04:06 | 00:25:17 | 331m | 12'23"/km |
| 5.  | 115 | 00:01:22 | 00:26:39 | 90m  | 15'11"/km |
| 6.  | 113 | 00:02:18 | 00:28:57 | 216m | 10'39"/km |
| 7.  | 119 | 00:02:29 | 00:31:26 | 262m | 9'29"/km  |
| 8.  | 118 | 00:02:00 | 00:33:26 | 207m | 9'40"/km  |
| 9.  | 122 | 00:02:25 | 00:35:51 | 143m | 16'54"/km |
| 10. | 116 | 00:02:06 | 00:37:57 | 190m | 11'03"/km |
| 11. | 162 | 00:03:08 | 00:41:05 | 156m | 20'05"/km |
| 12. | 155 | 00:06:22 | 00:47:27 | 615m | 10'21"/km |
| 13. | 152 | 00:02:44 | 00:50:11 | 282m | 9'42"/km  |
| 14. | 150 | 00:01:29 | 00:51:40 | 93m  | 15'57"/km |
| 15. | 146 | 00:02:48 | 00:54:28 | 189m | 14'49"/km |
| 16. | 158 | 00:04:40 | 00:59:08 | 281m | 16'36"/km |
| 17. | 137 | 00:02:04 | 01:01:12 | 170m | 12'09"/km |
| 18. | 140 | 00:01:01 | 01:02:13 | 80m  | 12'42"/km |
| 19. | 157 | 00:06:13 | 01:08:26 | 217m | 28'39"/km |
| 20. | 148 | 00:02:12 | 01:10:38 | 185m | 11'54"/km |
| 21. | 220 | 00:00:46 | 01:11:24 | 84m  | 9'08"/km  |
| 22. | 999 | 00:00:21 | 01:11:45 | 87m  | 4'01"/km  |

Orienteering Software