



# Valentijn - Forest Cup - BUSF

## Lommel Sahara 12.2.2023

### K.O.L.

**Ellen BOURGONJON**

TROL

Omloop : D:03

Afstand : 5500m

Tijd : 1:05:41 (11'57"/km)

**16/26**

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Maija TAILLIEU   | 0:46:59 |
| 2. Ellen MOLS       | 0:47:20 |
| 3. Lieke VAN OPSTAL | 0:47:21 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 106 | 00:04:12 |          | 400m | 10'30"/km |
| 2.  | 134 | 00:16:50 | 00:21:02 | 897m | 18'46"/km |
| 3.  | 112 | 00:02:45 | 00:23:47 | 324m | 8'29"/km  |
| 4.  | 114 | 00:04:16 | 00:28:03 | 331m | 12'53"/km |
| 5.  | 115 | 00:00:46 | 00:28:49 | 90m  | 8'31"/km  |
| 6.  | 113 | 00:02:20 | 00:31:09 | 216m | 10'48"/km |
| 7.  | 119 | 00:01:54 | 00:33:03 | 262m | 7'15"/km  |
| 8.  | 118 | 00:01:37 | 00:34:40 | 207m | 7'49"/km  |
| 9.  | 122 | 00:01:18 | 00:35:58 | 143m | 9'05"/km  |
| 10. | 116 | 00:01:52 | 00:37:50 | 190m | 9'49"/km  |
| 11. | 162 | 00:02:49 | 00:40:39 | 156m | 18'03"/km |
| 12. | 155 | 00:04:20 | 00:44:59 | 615m | 7'03"/km  |
| 13. | 106 | 00:01:47 | 00:46:46 |      |           |
| 14. | 152 | 00:02:40 | 00:49:26 | 202m | 13'12"/km |
| 15. | 150 | 00:01:22 | 00:50:48 | 93m  | 14'42"/km |
| 16. | 146 | 00:01:47 | 00:52:35 | 189m | 9'26"/km  |
| 17. | 158 | 00:04:00 | 00:56:35 | 281m | 14'14"/km |
| 18. | 137 | 00:01:17 | 00:57:52 | 170m | 7'33"/km  |
| 19. | 140 | 00:00:37 | 00:58:29 | 80m  | 7'43"/km  |
| 20. | 157 | 00:04:24 | 01:02:53 | 217m | 20'17"/km |
| 21. | 148 | 00:01:44 | 01:04:37 | 185m | 9'22"/km  |
| 22. | 220 | 00:00:44 | 01:05:21 | 84m  | 8'44"/km  |
| 23. | 999 | 00:00:20 | 01:05:41 | 87m  | 3'50"/km  |

Orienteering Software