



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Kiara NIJST

Hermathenae

Omloop : D:03

Afstand : 5500m

Tijd : 1:01:35 (11'12"/km)

9/26

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Maija TAILLIEU | 0:46:59 |
| 2. Ellen MOLS | 0:47:20 |
| 3. Lieke VAN OPSTAL | 0:47:21 |

1.	106	00:04:29		400m	11'12"/km
2.	134	00:09:53	00:14:22	897m	11'01"/km
3.	112	00:02:48	00:17:10	324m	8'39"/km
4.	114	00:04:13	00:21:23	331m	12'44"/km
5.	115	00:00:45	00:22:08	90m	8'20"/km
6.	113	00:01:54	00:24:02	216m	8'48"/km
7.	119	00:02:01	00:26:03	262m	7'42"/km
8.	118	00:01:54	00:27:57	207m	9'11"/km
9.	122	00:01:30	00:29:27	143m	10'29"/km
10.	116	00:01:39	00:31:06	190m	8'41"/km
11.	162	00:02:31	00:33:37	156m	16'08"/km
12.	155	00:06:27	00:40:04	615m	10'29"/km
13.	152	00:02:08	00:42:12	282m	7'34"/km
14.	150	00:05:43	00:47:55	93m	61'28"/km
15.	146	00:01:37	00:49:32	189m	8'33"/km
16.	139	00:02:08	00:51:40	186m	11'28"/km
17.	158	00:02:34	00:54:14		
18.	137	00:01:31	00:55:45	170m	8'55"/km
19.	140	00:00:36	00:56:21	80m	7'30"/km
20.	157	00:01:40	00:58:01	217m	7'41"/km
21.	148	00:01:53	00:59:54	185m	10'11"/km
22.	220	00:01:20	01:01:14	84m	15'52"/km
23.	999	00:00:21	01:01:35	87m	4'01"/km

Orienteering Software