



NK Middle Distance Kootwijkerzand 22-01-23

Kootwijkerzand 22.1.2023

argus

Arne HEIKOOP

HOC'93

Omloop : H60

Afstand : 3090m

Tijd : 0:30:41 (9'56"/km)

2/8

O.K.

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|-------------------|---------|
| 1. Henk SNIJDERS | 0:25:38 |
| 3. Peter VOERMANS | 0:32:11 |

1.	46	00:03:20		134m	24'53"/km
2.	49	00:01:23	00:04:43	141m	9'49"/km
3.	48	00:02:17	00:07:00	228m	10'01"/km
4.	40	00:02:21	00:09:21	232m	10'08"/km
5.	74	00:01:52	00:11:13	208m	8'58"/km
6.	44	00:02:21	00:13:34	158m	14'52"/km
7.	60	00:01:21	00:14:55	139m	9'43"/km
8.	72	00:01:32	00:16:27	235m	6'31"/km
9.	69	00:02:56	00:19:23	387m	7'35"/km
10.	68	00:01:04	00:20:27	109m	9'47"/km
11.	42	00:01:40	00:22:07	191m	8'44"/km
12.	71	00:03:26	00:25:33	247m	13'54"/km
13.	51	00:02:34	00:28:07	278m	9'14"/km
14.	66	00:01:37	00:29:44	228m	7'05"/km
15.	999	00:00:57	00:30:41	93m	10'13"/km

Orienteering Software