



NK Middle Distance Kootwijkerzand 22-01-23

Kootwijkerzand 22.1.2023

argus

Sadie ZWIKKER

ARGUS

Omloop : D21

Afstand : 5730m

Tijd : 0:45:28 (7'56"/km)

1/14

O.K.

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- | | |
|---------------------|---------|
| 2. Lieke VAN OPSTAL | 0:45:38 |
| 3. Tjitske BREIMER | 0:50:55 |

1.	77	00:01:46	90m	19'38"/km
2.	68	00:01:21 00:03:07	167m	8'05"/km
3.	40	00:03:22 00:06:29	413m	8'09"/km
4.	74	00:01:34 00:08:03	208m	7'32"/km
5.	44	00:01:37 00:09:40	158m	10'14"/km
6.	45	00:04:01 00:13:41	390m	10'18"/km
7.	59	00:02:13 00:15:54	316m	7'01"/km
8.	56	00:01:45 00:17:39	244m	7'10"/km
9.	79	00:01:18 00:18:57	114m	11'24"/km
10.	39	00:01:54 00:20:51	260m	7'18"/km
11.	58	00:00:45 00:21:36	89m	8'26"/km
12.	54	00:03:56 00:25:32	603m	6'31"/km
13.	67	00:01:45 00:27:17	231m	7'35"/km
14.	75	00:01:58 00:29:15	300m	6'33"/km
15.	60	00:01:41 00:30:56	231m	7'17"/km
16.	72	00:01:41 00:32:37	235m	7'10"/km
17.	69	00:02:19 00:34:56	387m	5'59"/km
18.	37	00:03:53 00:38:49	363m	10'42"/km
19.	43	00:01:45 00:40:34	210m	8'20"/km
20.	78	00:01:52 00:42:26	267m	6'59"/km
21.	66	00:02:22 00:44:48	281m	8'25"/km
22.	999	00:00:40 00:45:28	93m	7'10"/km

Orienteering Software