



SYLVESTER 5 DAYS 2022 - Day 5

Solterheide 30.12.2022

Omega

Alastair MACKENZIE

Darlington Orienteers

Omloop : H50

Afstand : 5720m

Tijd : 1:01:56 (10'50"/km) [Punten : 684]

12/24

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|----------------|
| 1. Gunther DEFERME | 0:42:22 [1000] |
| 2. Roland VAN LOON | 0:43:11 [981] |
| 3. Marco MENSINK | 0:46:02 [920] |

1.	133	00:04:28		365m	12'14"/km
2.	163	00:02:27	00:06:55	246m	9'58"/km
3.	137	00:13:01	00:19:56	1526m	8'32"/km
4.	156	00:06:45	00:26:41	753m	8'58"/km
5.	160	00:02:31	00:29:12	347m	7'15"/km
6.	161	00:00:50	00:30:02	92m	9'03"/km
7.	145	00:03:43	00:33:45	441m	8'26"/km
8.	144	00:02:17	00:36:02	83m	27'31"/km
9.	143	00:01:57	00:37:59	82m	23'47"/km
10.	146	00:02:00	00:39:59	124m	16'08"/km
11.	148	00:02:26	00:42:25	206m	11'49"/km
12.	149	00:00:56	00:43:21	104m	8'58"/km
13.	158	00:04:10	00:47:31	372m	11'12"/km
14.	135	00:02:55	00:50:26	241m	12'06"/km
15.	153	00:06:17	00:56:43	289m	21'44"/km
16.	151	00:01:36	00:58:19	125m	12'48"/km
17.	200	00:03:03	01:01:22	237m	12'52"/km
18.	999	00:00:34	01:01:56	89m	6'22"/km

Orienteering Software