



# SYLVESTER 5 DAYS 2022 - Day 4

Masy Zuid 29.12.2022

K.O.L.

**Joris SMET**

TROL

Omloop : LD

Afstand : 7410m

Tijd : 0:46:16 (6'15"/km)

**8/42**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Liam THIELS     | 0:34:27 |
| 2. Sam DEFERM      | 0:39:22 |
| 3. Fabien PASQUASY | 0:40:33 |

|     |     |          |          |      |          |
|-----|-----|----------|----------|------|----------|
| 1.  | 148 | 00:02:29 |          | 432m | 5'45"/km |
| 2.  | 147 | 00:00:52 | 00:03:21 | 175m | 4'57"/km |
| 3.  | 159 | 00:02:10 | 00:05:31 | 386m | 5'37"/km |
| 4.  | 169 | 00:01:30 | 00:07:01 | 267m | 5'37"/km |
| 5.  | 162 | 00:02:18 | 00:09:19 | 414m | 5'33"/km |
| 6.  | 111 | 00:01:45 | 00:11:04 | 197m | 8'53"/km |
| 7.  | 102 | 00:01:58 | 00:13:02 | 279m | 7'03"/km |
| 8.  | 103 | 00:00:56 | 00:13:58 | 174m | 5'22"/km |
| 9.  | 156 | 00:04:01 | 00:17:59 | 527m | 7'37"/km |
| 10. | 170 | 00:02:16 | 00:20:15 | 364m | 6'14"/km |
| 11. | 120 | 00:02:20 | 00:22:35 | 405m | 5'46"/km |
| 12. | 119 | 00:01:35 | 00:24:10 | 226m | 7'00"/km |
| 13. | 118 | 00:01:23 | 00:25:33 | 208m | 6'39"/km |
| 14. | 105 | 00:04:07 | 00:29:40 | 618m | 6'40"/km |
| 15. | 109 | 00:02:01 | 00:31:41 | 306m | 6'35"/km |
| 16. | 115 | 00:02:31 | 00:34:12 | 368m | 6'50"/km |
| 17. | 165 | 00:03:43 | 00:37:55 | 601m | 6'11"/km |
| 18. | 155 | 00:02:14 | 00:40:09 | 384m | 5'49"/km |
| 19. | 136 | 00:02:56 | 00:43:05 | 382m | 7'41"/km |
| 20. | 131 | 00:01:30 | 00:44:35 | 304m | 4'56"/km |
| 21. | 220 | 00:01:28 | 00:46:03 | 260m | 5'38"/km |
| 22. | 999 | 00:00:13 | 00:46:16 | 87m  | 2'29"/km |

Orienteering Software