



SYLVESTER 5 DAYS 2022 - Day 4

Masy Zuid 29.12.2022

K.O.L.

Christian HARMS

WOLF Haltern

Omloop : SD

Afstand : 3880m

Tijd : 0:33:57 (8'45"/km)

4/46

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Julia KREKELS | 0:26:54 |
| 2. Sarah ROOMAN | 0:30:11 |
| 3. Hans MÅRD | 0:31:40 |

1.	146	00:01:48		160m	11'15"/km
2.	147	00:02:22	00:04:10	274m	8'38"/km
3.	148	00:01:24	00:05:34	175m	8'00"/km
4.	153	00:02:24	00:07:58	197m	12'11"/km
5.	169	00:02:41	00:10:39	268m	10'01"/km
6.	158	00:01:56	00:12:35	234m	8'16"/km
7.	110	00:02:57	00:15:32	353m	8'21"/km
8.	161	00:01:20	00:16:52	163m	8'11"/km
9.	165	00:02:33	00:19:25	266m	9'35"/km
10.	122	00:02:28	00:21:53	298m	8'17"/km
11.	121	00:02:41	00:24:34	260m	10'19"/km
12.	123	00:02:31	00:27:05	285m	8'50"/km
13.	124	00:02:15	00:29:20	275m	8'11"/km
14.	129	00:02:57	00:32:17	369m	8'00"/km
15.	220	00:01:13	00:33:30	178m	6'50"/km
16.	999	00:00:27	00:33:57	87m	5'10"/km

Orienteering Software